

CIRCADIA®





# Meet CIRCADIA

Circadia is a professional skincare brand based on the skin and body's natural circadian rhythms. *Chronobiology*, the science of defending skin from environmental damage during the day, and stimulating internal repair mechanisms during sleep is at the core of our concept.

Circadia's formulations combine pure botanicals, stem cells, second generation vitamins, and innovative peptide technology to achieve optimal skin health and beauty. Our specialty treatment products utilize these technologies to address a multitude of skin conditions, including aging, acne, dehydration, pigmentation, and rosacea.

The corporate headquarters are established in the rolling hills of rural Pennsylvania where founder Dr. Pugliese began his medical practice and early research on the physiology of human skin. Circadia by Dr. Pugliese has a rich history and bright future. Dr. Peter T. Pugliese, remains a strong, influential voice in the science of aging. Michael Q. Pugliese, third generation CEO has earned a distinguished reputation as an educator in the field of skin science, and an innovator in product development. Under his leadership, the brand has grown to achieve international recognition and distribution.



Michael Q. Pugliese, LE



Peter T. Pugliese, MD

# The Science of Circadian Rhythms

The Circadia name derives from the two Latin words, *circa dies*, meaning “around the day.” The word “circadian” refers to a 24 hour cycle and describes rhythmic changes in our physiology and in our behavior. When these biological rhythms are disrupted or become disordered, it can have adverse effects on our health, appearance, and well-being.

Circadian rhythms developed over millions of years, controlled by the daily light-dark cycle created by the earth turning on its axis. Research studies have found that a biological “clock” is located in several parts of the brain, which established these circadian rhythms in mammals. It has been determined that these clocks consist of an array of genes which regulate physiological processes throughout the body. We know that the central circadian clock is located in the suprachiasmatic nucleus of the hypothalamus in the brain. Its main function is to synchronize the clocks in the peripheral tissues, the skin being one of these, and it appears that all types of skin cells contain some form of a circadian clock.

It is important to understand that the daily rhythms are not just a response to changes in light and dark produced by the earth's spinning motion, but rather are a response to the timekeeping system within the body. It is this system which allows the organism to adjust and anticipate changes that are associated with day and night. Why is this so important? Consider the fact that if the urge to sleep would come during the light portion of the day, many animals would be vulnerable to predators. Anyone who's ever traveled across several continents is familiar with the phenomena of jet lag, which is a profound disruption of the biological clock. The extreme importance of these phenomena has led to the development of a new science associated with the effects of time on the body. This new science is called chronobiology. At Circadia, we focus on the effects of chronobiology and circadian rhythms, on the skin.

## Circadian Rhythm and The Skin

The concept of circadian rhythms isn't new. It actually started in the 1700s with the French scientist de Mairan, who published a paper describing the movement of leaves in plants during the day. They would rise during the day and fall at night. He put these plants in a room when they were not exposed to sunlight and he saw the same phenomenon. He concluded that this movement had something to do with a mechanism inside the plant, in addition to whatever effect the sun may have.

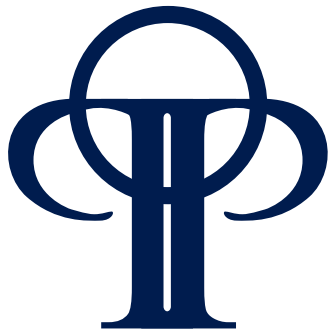
A recent study reveals the importance of the biological clock in the regeneration of skin stem cells. When this system is disrupted it results in premature tissue aging, as well as a greater predisposition to developing skin tumors.

Since the skin is exposed to the ultraviolet rays of the sun, as well as bacteria and viruses, one of the main functions of skin is to protect the individual from these potential dangers. When the biological clock is working well, stem cells, which are constantly replacing damaged tissue, can divide at a time which would allow minimum exposure to damaging ultraviolet light.

When skin cells divide, in a process called proliferation, their DNA is more susceptible to ultraviolet damage, since it is extended within the process of cell division. It is well known that the proliferation process takes place during the day at various times, however it happens at least 30 times more rapidly at night than during the day. Associated with *proliferation* are such key functions as rate of water loss and blood flow, which are 20 to 30 percent higher at night than in the morning or afternoon. Circadian rhythms in the skin affect the biology of appearance and also have a profound effect on the absorption of applied treatment products.

Regulation of the skin barrier properties, such as transepidermal water loss and skin hydration, as well as skin pH and skin temperature, are under control of the circadian clocks. The esthetician should be aware of the time of the day when making an assessment of the skin or prescribing a specific treatment. The time that the assessment is made and the time that the treatment is applied will have a significant effect on the efficacy of the product, or the correctness of the diagnosis.





CIRCADIA®



## Table of Contents

Cleanse	6
Protect	11
Repair	13
Eye Area	26
Hydrate	29
Calming	33
Brighten	40
Acne	43
Body	47
Mask	50
Enzyme	59
Acids	62
Post Peel	75
Oxygen Rx	76
SWiCH	78



# Vitamin Veil Cleanser

## Description:

A unique soybean oil-based, non-foaming cleanser that gently removes makeup, dirt and impurities while leaving behind an invisible veil of antioxidants.

## Skin Type Indications:

Dry, aged, post peel or surgical procedure

## Benefits:

- Soybean oil-based cleanser
- Effectively cleanses makeup, dirt and debris
- Does not break the skin barrier or denature keratin

## Feature Ingredients

**Soybean Oil (GMO-free)** - Soy proteins are used to inhibit hair growth and the formation of proteases, while reducing pigmentation.

**Cranberry Oil** - Rich in tocotrienols, tocopherols, antioxidants, Omega 3, 6, and 9 EFA, Vitamin A

**Seabuckthorn Oil** - Oligomeric Proanthocyanidins (OPC) Phytosterols, tocopherols, beta carotene, antioxidants, carotenoids; nourishing, regenerative and restorative

**Meadowsweet Oil** - Coumarins, flavonoids, rutin, salicylates, tannins, anti-inflammatory

**Tocopherol (Vitamin E)** - Powerful fat-soluble antioxidant that protects cellular membranes from free radicals

## Directions:

Dispense a small amount of cleanser onto fingertips and apply all over face and neck. Remove all traces of makeup with a warm, damp washcloth. Pat dry and apply Vitamin C Reversal Serum.

## Ingredients:

Glycine Soja (Soybean) Oil, Isopropyl Palmitate, Tocopheryl Acetate, Limnanthes Alba (Meadowfoam) Seed Oil, Vaccinium Macrocarpon (Cranberry) Seed Oil, Hippophae Rhamnoides (Sea Buckthorn) Fruit Oil, Cananga Odorata Flower Extract, Caprylic/Capric Triglyceride, Benzoic Acid, BHT.



Retail - 8 fl oz (236ml)  
Professional - 16 fl oz (472ml)



# Lipid Replacing Cleansing Gel

## Description:

This revitalizing cleanser effectively removes dirt, make-up and excess oil without damaging the skin barrier or denaturing keratin. Best for normal or slightly oily skin.

## Skin Type Indications:

Most skin types, especially normal or slightly oily

## Benefits:

- Non-irritating foaming gel
- Slightly acidic pH
- Great for backbar use



Retail - 8 fl oz (236ml)  
Professional - 16 fl oz (472ml)

## Feature Ingredients

**Stepan Mild PCL** - A mild cleansing agent that uses surfactants, generates foam and allows for skin pH matching, resulting in a pleasant after feel.

**Panthenol (provitamin B5)** - Regenerative, soothing

**Allantoin** - Anti-irritant derived from comfrey root; healing, calming, soothing, non-allergenic

**Mallow (Malva Sylvestris) leaf extract** - Anti-inflammatory, soothing, softening

**Seaweed (Laminaria japonica) extract** - Rich in vitamins A, B1, B2, B3, B5, B12, C, D, E and K as well trace minerals; seaweed extracts are stimulating, revitalizing, softening and soothing to the skin

**Sacha inchi (Plukenetia Volubilis seed, a.k.a. "Incan-peanut") extract** - This nourishing seed of a fruit native to the Amazon Rainforest, it is rich in Omega-3, 6, and 9 essential fatty acids, essential amino acids and antioxidant vitamins A and E

## Directions:

Dispense a small amount onto a warm damp washcloth or onto fingertips. Lather face and rinse well. Pat dry and apply Vitamin C Reversal Serum.

## Ingredients:

Aqua/Water, Sodium Lauryl Sulfoacetate, Sodium Chloride, Sodium Methyl 2-Sulfolaurate, Panthenol, Hydroxypropyl Methylcellulose, Allantoin, Disodium 2-Sulfolaurate, Laminaria Japonica Extract, Malva Sylvestris Leaf Extract, Plukenetia Volubilis Seed Extract, Butylene Glycol, Chlorphenesin, Benzoic Acid, Sorbic Acid, Caprylyl Glycol, Phenoxyethanol, Hexylene Glycol, Parfum/Fragrance

# Micro-Exfoliating Honey Cleanser

## Description:

Patented microbeads of natural beeswax gently cleanse and exfoliate while absorbing excess oil.

## Skin Type Indications:

All skin types, especially oily or those that require additional exfoliation

## Benefits:

- Gently exfoliates, leaving the skin silky and smooth
- Naturally oil absorbing and hydrating
- Gentle enough to be used twice daily

## Feature Ingredients

**Stepan Mild PCL** - A mild cleansing agent that uses surfactants, generates foam and allows for pH matching of the skin, resulting in a pleasant after feel

**Organic bees wax** - Gently exfoliates the skin while absorbing excess oil

**Cocomidopropyl betaine** - Foaming agent derived from refined coconut oil, gentle and biodegradable

## Directions:

Dispense a small amount onto fingertips and apply to face. Gently lather, then rinse well. Pat dry and apply Vitamin C Reversal Serum.

## Ingredients:

Aqua/Water, Cocamidopropyl Betaine, Sodium Lauryl Sulfoacetate, Sodium Methyl 2-Sulfolaurate, Cera Alba, Copernicia Cerifera Wax, Acrylates Copolymer, Glycerin, Honey, Sodium Chloride, Caprylyl Glycol, Disodium 2-Sulfolaurate, Hexylene Glycol, Benzyl Benzoate, Amino-methylpropanol, Potassium Sorbate, Sodium Benzoate, Parfum/Fragrance, Coumarin.



Retail - 8 fl oz (236ml)  
Professional - 16 fl oz (472ml)



# Amandola Milk Cleanser

## Description:

This conditioning almond milk cleanser contains Lactic and Mandelic Acids that gently exfoliate, hydrate and brighten damaged skin

## Skin Type Indications:

Hyperpigmentation, Aging, Dry

## Benefits:

- Non-foaming cleanser
- Exfoliating benefits of lactic and mandelic acids
- Skin brightening and hydrating

## Feature Ingredients

**Lactic acid** - Alpha hydroxy acid stimulates GAGS and functions as a tyrosinase inhibitor

**Mandelic acid** - Alpha hydroxy acid with tyrosinase inhibiting properties

**Oat protein** - Powerful antioxidant and anti-irritant

**Suprme amande douce Natural (Sweet almond oil)** - Nourishing and moisturizing



Retail - 8 fl oz (236ml)  
Professional - 16 fl oz (472ml)

## Directions:

Dispense a small amount of cleanser onto fingertips and apply all over face and neck. Rinse well, pat dry and apply Vitamin C Reversal Serum.

## Ingredients:

Aqua/Water, Cetearyl Ethylhexanoate, Caprylic/ Capric Triglyceride, Triisononanoin, Penty-lene Glycol, Ammonium Acryloyl Dimethyltaurate/Carboxyethyl Acrylate Crosspolymer, Cetearyl Alcohol, Prunus Amygdalus Dulcis (Sweet Almond) Oil, Prunus Amygdalus Dulcis (Sweet Almond) Fruit Extract, Vanilla Planifolia Fruit Extract, Glyceryl Distearate, Avena Sativa (Oat) Kernel Protein, Lactic Acid, Mandelic Acid, Panthenol, Glyceryl Stearate, Sodium Levulinate, Sodium Phytate, Tocopherol, Isopropyl Myristate, Cetareth-20, Xanthan Gum, Polyglyceryl-3 Diisostearate, Lecithin, Glycerin, Glyceryl Caprylate, Levulinic Acid, Potassium Sorbate, 1,2-Hexanediol, Caprylyl Glycol, Tetrasodium EDTA, Sodium Hydroxide, Cinnamic Acid

# Cleansing Gel with Salicylic

## Description:

This cleansing gel lathers into a light, creamy foam that deeply cleanses, exfoliates and clarifies.

## Skin Type Indications:

Acne, blackheads, comedones, blemishes

## Benefits:

- Foamy gel cleanser with antiseptic action
- Deep cleansing and reduces sebum
- Loosens keratin plugs in the sebaceous follicle

## Feature Ingredients

**Sodium C14-16 Olefin Sulfonate** - Sulfate free surfactant blend with greater mildness than lauryl sulfates

**Panthenol (provitamin B5)** - Regenerative, soothing

**Cocoamidopropyl betaine** - Foaming agent derived from refined coconut oil; gentle and biodegradable

**Linoleamidopropyl PG-dimonium chloride phosphate** - Carrier of essential fatty acids and a gentle cleansing agent

**Salicylic acid** - A beta-hydroxy acid known for keratolytic and anti-inflammatory properties

## Directions:

Dispense a small amount onto a warm damp washcloth or onto fingertips. Lather face and rinse well. Avoid eye area.

## Ingredients:

Aqua/Water, Sodium C14-16 Olefin Sulfonate, Cocamidopropyl Betaine, Sodium Sulfate, Salicylic Acid, Sodium Chloride, Panthenol, Linoleamidopropyl PG-Dimonium Chloride Phosphate, Polysorbate 20, 1,2-Hexanediol, Caprylyl Glycol, Parfum/Fragrance, Linalool.



Retail - 4 fl oz (118 ml)  
Professional - 16 fl oz (472ml)



# Light Day Sunscreen Broad Spectrum SPF 37

## Description:

This lotion is designed to provide optimal UV and environmental protection. Packed with antioxidants, humectants and soothing ingredients to moisturize.

## Skin Type Indications:

All skin types

## Benefits:

- Broad spectrum protection
- Intended for daily use
- Safe for use after peels, microdermabrasion, waxing & laser procedures

## Feature Ingredients

**SolaStay (Ethylhexyl Methoxycrylene)** - Award winning photostabilizer specifically designed as a singlet state quencher for Avobenzone and Octinoxate.

**PhytoCellTech Solar Vitis (grape stem cell extract)** - Protects against oxidative and UV damage

**Lipochroman 6 (Dimethylmethoxy chromanol)** - Scavenger of reactive oxygen and reactive nitrogen species that protects cells from damage, premature aging and protects cellular machinery from degradation

**Preventhilia (Diaminopropionoyl Tripeptide-33)** - Tetrapeptide that prevents the damage caused directly or indirectly by UV radiation to DNA and proteins, thus preventing photoaging

## Directions:

Apply liberally to face, neck and ears 15 minutes before sun exposure. **Warning: reducing this quantity will lower the level of protection significantly. Keep out of eyes. Keep out of reach of children.**

## Active Ingredients:

**Avobenzone...3.0%** - Sunscreen

**Octinoxate...7.5%** - Sunscreen

**Octocrylene...2.8%** - Sunscreen

## Ingredients:

Aqua/Water, C12-15 Alkyl Benzoate, Ethylhexyl Methoxycrylene, Glycerin, Silica, VP/Eicosene Copolymer, Dimethicone, Cyclopentasiloxane, Potassium Cetyl Phosphate, PEG-100 Stearate, Dimethyl Capramide, Hydrogenated Palm Glycerides, Citrus Aurantium Dulcis (Orange) Peel Extract, Citrus Grandis (Grapefruit) Peel Extract, Prunus Armeniaca (Apricot) Fruit Extract, Aniba Rosaeodora (Rosewood) Wood Extract, Lecithin, Vitis Vinifera Fruit Cell Extract, Diaminopropionoyl Tripeptide-33, Sodium Benzoate, Citrus Aurantifolia (Lime) Peel Extract, Vanilla Planifolia Fruit Extract, Cyclohexasiloxane, Glyceryl Distearate, Glyceryl Stearate, Acrylamide/Sodium Acryloyldimethyltaurate Copolymer, Isohexadecane, Polysilicone-11, Isomalt, Xanthan Gum, Caprylic/Capric Triglyceride, Dimethylmethoxy Chromanol, Sorbitan Oleate, I, Caprylyl Glycol, Hexylene Glycol, Phenoxyethanol, Polysorbate 80, Disodium EDTA, Limonene, Linalool.



Retail - 2 fl oz (59ml)  
Professional - 8 fl oz (236ml)

# Vitamin C Reversal Serum

## Description:

This age defying essential product contains the most stable and active form of Vitamin C to increase skin firmness and neutralize free radicals.

## Skin Type Indications:

All skin types

## Benefits:

- Brightening & Tightening
- Hydrating
- Protection

## Feature Ingredients

**Magnesium ascorbyl phosphate (Vitamin C) 10%** - A biologically active form of Vitamin C that inhibits the breakdown of collagen. Magnesium ascorbyl phosphate appears to have the same potential as other forms of "C", to boost skin collagen synthesis and is effective in significantly lower concentrations. Magnesium ascorbyl phosphate is converted to natural acid Vitamin C in the skin. Potent antioxidant

**Sodium hyaluronate** - Binds, moisturizes, soothes

**Panthenol** - Provitamin B5, regenerative, soothing

## Directions:

Morning and evening after cleansing, apply several drops to fingertips and smooth all over face and neck.

## Ingredients:

Aqua/Water, Magnesium Ascorbyl Phosphate, Sodium Hyaluronate, Pentylene Glycol, Panthenol, Phenoxyethanol, Capryl Glycol, Hexylene Glycol



Retail - 0.5 fl oz (15ml)  
Professional - 1 fl oz (28ml)



# Nighttime Repair

## Description:

This powerhouse formulation includes advanced peptide technology, second generation vitamins and antioxidants partnered with an ultra-stable form of Vitamin A.

## Skin Type Indications:

Aging, mild damaged, needing enhanced cell turnover

## Benefits:

- Moderate level of Vitamin A for new users
- Increases cell turnover
- Rejuvenates skin cells



Retail - 2 fl oz (59ml)  
Professional - 8 fl oz (236ml)

## Feature Ingredients

**Vitamin A (Retinyl acetate) 0.3%** - A family of vitamins ultimately converted to Retinoic acid in the skin. They act as free radical scavengers, protect against UV damage, and assist in DNA repair following UV exposure. Retinoic acid may also play a role in keratinocyte differentiation and proliferation.

**Palmitoyl tripeptide-38(Matrixyl™ Synthe® '6)** - Enhances the production of six skin-rebuilding essentials, including collagen and elastin

**Ergothionine (Thiotaine)** - Antioxidant that helps to regenerate Vitamin C

**Phytosirt** - Complex of Mexican bamboo (resveratrol), Boldine from the Boldo tree, aminoguanidine and decarboxy carnosine prevents glycation and boosts Sirtuin 1 and 2

**BV-OSC (Tetrahexyldecyl Ascorbate)** - oil-soluble Vitamin C ester that reduces melanin synthesis

**Vitamin E (Tocopherol acetate)** - fat-soluble antioxidant that protects cellular membranes from free radicals

## Directions:

In the evening, after cleansing and applying Vitamin C Reversal Serum, pump a pea-sized amount into fingertips and apply to face and neck with upward strokes.

## Ingredients:

Aqua/Water, Diethylhexyl Succinate, Glycerin, Bis-PEG/PPG-16/16 PEG/PPG-16/16 Dimethicone, Cetyl Ethylhexanoate, Ethylhexyl Methoxycrylene, Tetrahexyldecyl Ascorbate, Ergothioneine, Lepidium Sativum Sprout Extract, Aminoguanidine HCL, Decarboxy Carnosine HCL, Peumus Boldus Extract, Retinyl Acetate, Tocopherol, Hydroxypropyl Cyclodextrin, Palmitoyl Tripeptide-38, Tocopheryl Acetate, Vanilla Planifolia Fruit Extract, Caprylic/Capric Triglyceride, Carbomer, Arachis Hypogaea (Peanut) Oil, Acrylamide/ Sodium Acryloyldimethyltaurate Copolymer, Ethylhexylglycerin, Polysorbate 80, Isohexadecane, Tetrasodium Glutamate Diacetate, Hydrogenated Lecithin, Lecithin, Succinic Acid, Sorbitan Oleate, Phenoxyethanol, Potassium Hydroxide.

# Nighttime Repair Plus

## Description:

This powerhouse formulation addresses the increased demands of mature or damaged skin, with higher levels of Vitamin A, antioxidants and peptides than Nighttime Repair.

## Skin Type Indications:

Aging, Mature, Damaged

## Benefits:

- Higher % of Vitamin A than Nighttime Repair
- Increases cell turnover
- Rejuvenates skin cells
- Increases skin strength

## Feature Ingredients

**Vitamin A (Retinyl acetate) 0.5%** - A family of vitamins ultimately converted to Retinoic acid in the skin. They act as free radical scavengers, protect against UV damage and assist in DNA repair following UV exposure. Retinoic acid may also play a role in keratinocyte differentiation and proliferation.

**Palmitoyl tripeptide-38 (Matrixyl™ Synthe® '6)** - Enhances the production of six skin-rebuilding essentials, including collagen and elastin

**Roxisomes (Arabidopsis thaliana extract)** - Repairs DNA damage from oxidants generated by UVA

**Phytosirt** - Complex of Mexican bamboo (resveratrol), aminoguanidine and decarboxy carnosine, prevents glycation and boosts Sirtuin 1 and 2

**BV-OSC (Tetrahexyldecyl Ascorbate)** - oil-soluble Vitamin C ester that reduces melanin synthesis

**Vitamin E (Tocopherol acetate)** - Fat-soluble antioxidant that protects cellular membranes from free radicals

## Directions:

Use nightly after cleansing and applying Vitamin C Reversal Serum. Pump a pea-sized amount onto fingertips and gently apply to face and neck with upward strokes.

## Ingredients:

Aqua (Water), Dioctyl Succinate, Glycerin, Cetyl Ethylhexanoate, Ethylhexyl Methoxycrylene, bis-PEG/PPG-16/16 PEG/PPG-16/16 Dimethicone, Butylene Glycol, Caprylic/Capric Triglyceride, Retinyl Acetate, Palmitoyl tripeptide-38, Hydrogenated Lecithin, Tocopheryl Acetate, Tetrahexyldecyl Ascorbate, Lepidium Sativum Sprout Extract, Lecithin, Aminoguanidine HCL, Decarboxy Carnosine HCL, Peumus Boldus Extract, Polygonum Cuspidatum Root Extract, Tocopherol, Hydroxypropyl Cyclodextrin, Ergothionine, Arachis Hypogaea (Peanut) Oil, Arabidopsis Thaliana Extract, Acrylamide/Sodium Acryloyldimethyltaurate Copolymer, Isohexadecane, Polysorbate 80, Potassium Hydroxide, Carbomer, Succinic Acid, Ethylhexylglycerin, Tetrasodium Glutamate Diacetate, Phenoxyethanol



Retail - 2 fl oz (59ml)

# Vitamin A Boosting Cream

## Description:

A rich, fast absorbing cream that targets advanced signs of aging. 1% Vitamin A and other active ingredients work to boost skin's youth factor.

## Skin Type Indications:

Dull, rough, heavily keratinized or sun-damaged skin

## Benefits:

- Improves the appearance of scarring
- Increases cell turnover
- Repairs sun damage

## Feature Ingredients

**Vitamin A (Retinyl Acetate 1%)** - A family of vitamins ultimately converted to Retinoic acid in the skin. They act as free radical scavengers, protect against UV damage and assist in DNA repair following UV exposure. They also recruit moisture to the skin and promote collagen production. Retinoic acid may also play a role in keratinocyte differentiation and proliferation.

**Glucose Oxidase** - Protects Vitamin A from oxidation thus preserving maximum effects.

**Vitamin E** - A very powerful fat-soluble antioxidant that protects cellular membranes from free radicals.

## Directions:

In the evening after cleansing, apply to desired areas on face and neck.

## Ingredients:

Aqua/Water, Hydrogenated Polyisobutene, Cetearyl Alcohol, Ceteareth-20, Stearyl Alcohol, Retinyl Acetate, Tocopheryl Acetate, Polyacrylamide, C13-14 Isoparaffin, Laureth-7, Glucose Oxidase, Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Caprylyl Glycol, BHT, BHA, Phenoxyethanol, Hexylene Glycol



Retail - Net wt. 1.7 oz (50g)



# Vitamin A Gel

## Description:

This concentrated gel with 1% retinol helps improve appearance of aged skin and reduces pigmentation from UV-damaged skin.

## Skin Type Indications:

Aged or UV-damaged skin

## Benefits:

- increase cell turnover
- Repair damage
- Minimize acne scarring

## Contraindications:

- **Not recommended for sensitive skin types, i.e. rosacea or very dehydrated skin**
- **Pregnant or nursing mothers**
- **Do not apply if using Retin-A ®, Renova ®, Accutane ® or glycolic acids**

## Feature Ingredients

**Retinol 1%** - Counteracts skin aging and improves the appearance of UV-damaged skin

## Directions:

Evenings 1,2,3 - Apply small amount on entire face and neck between 9 and 11 PM

Evenings 4,5,6,7 - Allow the skin to "rest"; use AquaPorin Hydrating Cream in place of Vitamin A Gel

Thereafter - Alternate 3 nights on - 4 nights off for six weeks

**GOAL** - Build up tolerance so client can use product for 5 nights without signs of dryness or irritation

**NOTE** - Do not use if erythema is present. Discontinue use if irritation occurs.

If excessive erythema and flaking occur, reduce frequency of use; if no improvement after one day, discontinue use completely and see your skin care professional.

## Ingredients:

Alcohol, Aqua/Water, Retinol, Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Polysorbate 20, Aminomethyl propanol



Retail - 1 fl oz (30ml)

# MeriStem Serum

## Description:

Contains a liposomal preparation of apple stem cell extract and Edelweiss meristem culture for an impressive anti-aging performance and skin revitalization.

## Skin Type Indications:

All skin types

## Benefits:

- Combats aging
- Strengthens skin, improves appearance of skin firmness and elasticity
- Rich in antioxidants

## Feature Ingredients

**Apple (*Malus Domestica*) stem cell extract** - Liposomal preparation from stem cells of a rare Swiss apple known for its longevity; increases vitality, delays senescence, combats chronological aging in skin cell, helps skin stem cells maintain their characteristics and capacity to build new tissues.

**Distinctive Phytostem Edelweiss stem cell extract (*Leontopodium alpinum* meristem cell culture extract)** - Preparation of *Leontopodium Alpinum* meristem culture that provides antioxidant, anti-hyaluronidase and anti-collagenase activity; shown to reduce wrinkle depth by 15% around the eye after only 20 days of treatment

**Aloe Vera Gel-Eco (*Aloe barbadensis*) extract** - Rich in mucilaginous polysaccharides including acemannan (one of the active metabolites of Aloe); wound healing, stimulates fibroblast growth, angiogenesis, re-epithelialization; reduces inflammation and increases collagen synthesis

**Cyclopeptide-5** - A novel cyclopeptide binds integrins and increases signaling for extracellular matrix production and crosstalk between skin cells; increased tensile and compressive strength, elasticity, firmness, wrinkle reducing and skin smoothing

## Directions:

Use morning and night on cleansed skin as desired. For best results use with Phi-to-Pep 1.6, or as directed by your skin care professional.

## Ingredients:

Aqua/Water, Aloe Barbadensis Leaf Juice, Pentylene Glycol, *Leontopodium Alpinum* Meristem Cell Culture, Alcohol, Lecithin, Ectoin, Cyclotetrapeptide-24 Aminocyclohexane Carboxylate, *Malus Domestica* Fruit Cell Culture Extract, Xanthan Gum, Glycerin, Sodium Metabisulfite, Ammonium Acryloyldimethyltaurate/VP Copolymer, Phenoxyethanol, Caprylyl Glycol, Hexylene Glycol, Tetrasodium EDTA, Citric Acid, Sodium Benzoate, Potassium Sorbate, Sodium Hydroxide



Retail - 0.5 fl oz (15ml)

# Phito-Pep 1.6

## Description:

Helps maintain the skin's peak condition, optimal barrier function and moisture levels, with a blend of hydrating agents, peptides and botanical extracts.

## Skin Type Indications:

Aging, all skin types

## Benefits:

- Protects skin from free radical induced lipid and DNA damage
- Anti-aging moisturizer with peptide support

## Feature Ingredients

**BV-OSC (Tetrahexyldecyl Ascorbate)** - Oil-soluble Vitamin C ester that is highly stable and reduces melanin synthesis

**Panthenol (provitamin B5)** - Regenerative, soothing

**Exo-T (Vibrio Alginolyticus Ferment Filtrate)** - Exopolysaccharide from microorganisms living in rims of Polynesian atolls, Exo- T stimulates desquamation, differentiation and transglutaminase expression to regenerate skin, improve tensile strength, smoothness and texture

**Matrixyl™ Synthe® '6 (Palmitoyl tripeptide 38)** - Enhances the production of six skin-rebuilding essentials, including collagen and elastin

**Dismutif PF (Superoxide Dismutase)** - Yeast-derived superoxide dismutase protects cell membranes

**Everlasting-ECO (Helichrysum Stoechas) extract** - Contains polyphenols and is considered anti-aging

**Phormistim G (Sea water and Phormidium persicinum Extract)** - Extract from South African Plankton, increases thioredoxin activity to reduce DNA damage

## Directions:

After cleansing in the evening apply Vitamin C Reversal Serum or MeriStem Serum. Follow with Phito-Pep 1.6.

## Ingredients:

Aqua/Water, Glycerin, Hydrogenated Polyisobutene, Polysilicone-11, Cetearyl Alcohol, Sodium Cocoyl Alaninate, Panthenol, PEG-100 Stearate, Maris Aqua, Caprylic/Capric Triglyceride, Bis-PEG/PPG-16/16 PEG/PPG-16/16 Dimethicone, Tetrahexyldecyl Ascorbate, Cetearyl Glucoside, Butylene Glycol, Vibrio Alginolyticus Ferment Filtrate, Ethylhexylglycerin, Pseudoalteromonas Ferment Extract, Palmitoyl Tripeptide-38, Alanine, Laureth-12, Tocopheryl Acetate, Phormidium Persicinum Extract, Hydroxypropyl Cyclodextrin, Serine, Proline, Superoxide Dismutase, Helichrysum Stoechas Extract, Avena Sativa (Oat) Kernel Extract, Pentylene Glycol, Sodium Phosphate, Beta-Glucan, Sodium Benzoate, Potassium Sorbate, Tromethamine, Caprylyl Glycol, Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Phenoxyethanol, Xanthan Gum, Sodium Metabisulfite, Hexylene Glycol, Fragrance, Tetrasodium EDTA, Sodium Hydroxide,



Retail - 2 fl oz (59ml)  
Professional - 8 fl oz (236ml)



# Cyto-Comm

## Description:

Cyto-Comm incorporates ingredients intended to enhance the skin's natural communication pathways, thus aiding in repair and restructure.

## Skin Type Indications:

All, especially those desiring increased firmness or preservation of firmness

## Benefits:

- Cellular communication
- Peptides reduce markers of senescence and subsequent signs of sagging and wrinkles
- Botanical extracts improve cellular communication and detoxify the skin
- Amino acids provide the building blocks for collagen production and aid in communication

## Feature Ingredients

**DermalRx LuShield (Osmanthus Fragrans Flower Extract)** - Detoxifies skin from glycation agents and oxidants, protects biomolecules from the effects of glycation and glycation-induced inflammation, prevents cell loss from A.G.E.s and increased sugar levels

**DermCom (Crocus Chrysanthus bulb extract)** - Improves epidermal communication to boost collagen and elastin production, stimulate growth factors, and renew resilience and firmness

**Progeline (F3acetyl Tripeptide-2)** - Reduces progerin synthesis, MMP and elastase inhibitors, increases syn-decan, contracts collagen to reduce signs of aging including sagging and wrinkles

**Vita C (Aminopropyl ascorbyl phosphate)** - Stabilized form of Vitamin C which stabilizes E and is an antioxidant

**L-Glycine, L-Lysine, L-Proline, L-Valine, L-Alanine** - Special formulation of amino acids to promote collagen formation and signaling

## Directions:

For best results, use with Revita-Cyte Complex, or as directed by your skin care professional.

## Ingredients:

Aqua/Water, Sodium Hyaluronate, Osmanthus Fragrans Flower Extract, Butylene Glycol, Propandiol, Aminopropyl Ascorbyl Phosphate, Pentylene Glycol, Glycerin, Dextran, Trifluoroacetyl Tripeptide-2, Crocus Chrysanthus Bulb Extract, Acacia Senegal Gum, Glycine, L-Proline, L-Lysine, L-Valine, L-Alanine, Sodium Metabisulfite, Caprylyl Glycol, Phenoxyethanol, Hexylene Glycol, Tetrasodium EDTA, Sodium Hydroxide



Retail - 0.5 fl oz (15ml)

# Revita-Cyte Complex

## Description:

Revita-Cyte Complex is formulated as a Vitamin A alternative lotion for use when retinoids are contraindicated. This anti-aging complex helps skin feel and appear firmer and smoother, providing immediate softness upon application. Perfect for use with our SWiCH™ Dermal Rejuvenation System.

## Skin Type Indications:

Showing advanced signs of visible age, dull, dry, rough, long-term UV damage, lack of firmness



Retail - 2 fl oz (59ml)

## Feature Ingredients

**EUK-134** - Mimetic of superoxide dismutase and catalase enzymes; scavenges superoxide, eliminates hydrogen peroxide, transforms reactive oxygen species to water and oxygen, reduces free radical lipid and DNA damage in the skin

**Pepha-ctive (Microalgae extract)** - Protects and stimulates mitochondria by increasing ATP levels, improves skin radiance

**Revitalin PF (Purified mitochondrial and cytoplasmic fraction from yeast)** - Stimulates cell respiratory activity and cell turnover, revitalizes metabolism, and strengthens skin's self protection mechanisms

**Oat Beta Glucan** - Immune stimulant, activates natural repair system

**Thymulen 4 (Acetyl-Tetrapeptide-2)** - Biomimetic of thymopoietin, boosts skin regeneration and reinforces cutaneous immune defenses

**Exo-T (Exopolysaccharide from microorganisms living in rims of Polynesian atolls)** - Stimulates desquamation, differentiation, and transglutaminase expression to regenerate skin, improve tensile strength, smoothness and texture

**Matrixyl™ Synthe® '6 (Palmitoyl tripeptide 38)** - Enhances the production of six skin-rebuilding essentials, including collagen and elastin

**Chronocyclin (Chronopeptide)** - Anti-aging, enhances expression of circadian genes, optimizes cell defenses and renewal activities, Vitamin D transformation

**Tocopherol (Vitamin E)** - A very powerful fat-soluble antioxidant that protects cellular membranes from free radicals

**Alpha-Bisabolol** - Anti-inflammatory, anti-irritant, antibacterial, and non-allergenic

**Edelweiss stem cell extract** - Rich in adaptogens which help protect, nurture, and heal damaged cells, also high in leontopodic acids A and B, chlorogenic acid, 3,5-dicaffeoylquinic acid, phyto-sterols, amino acids and polysaccharides

**Benefits:**

- Novel antioxidants protect from environmental and UV damage
- Stem cell extract provides cell healing phytochemicals
- Peptides stimulate skin regeneration and connective tissue production
- Purified botanicals and yeast extract enhance mitochondrial function for more energized skin

**Directions:**

Use nightly, after cleansing and applying Vitamin C Reversal Serum or Cyto-Comm. Pump a pea-sized amount onto fingertips and apply gently to the face and neck with upward strokes.

**Ingredients:**

Aqua/Water, PPG-15 Stearyl Ether, Glycerin, Polysilicone-11, Laureth-12, Squalene, Glycoproteins, Hydroxypropyl Cyclodextrin, Dimethylmethoxy Chromanol, Algae Extract, Leontopodium Alpinum Meristem Cell Culture, Valine, Threonine, Glutamic Acid, Tocopheryl Acetate, Ethylbisiminomethylguaiaicol Manganese Chloride, Alpha-Bisabolol, Glutamylamidoethyl imidazole, Dextran, Acetyl Tetrapeptide-2, Panthenol, Allantoin, Butylene Glycol, Vibrio Exopolysaccharide Extract, Avena Sativa (Oat) Kernel Protein, Palmitoyl Tripeptide-38, Cananga Odorata Flower Extract, Carbomer, Xanthan Gum, bis-PEG/PPG-16/16 PEG/PPG-16/16 Dimethicone, Polysorbate 20, Caprylic/ Capric Triglyceride, 1,2 Hexanediol, Caprylyl Glycol, Phenoxyethanol, Sodium Benzoate, Ethylhexylglycerin, Sodium Metabisulfite, Tetrasodium EDTA



# Counter A.G.E.

## Description:

This light water-based serum is specifically formulated to counteract the damaging results of glycation in the skin. Hyaluronic acid recruits moisture to the skin while phytochemicals provide superior antioxidant and detoxification.

## Skin Type Indications:

All, especially individuals concerned with aging skin

## Benefits:

- Antioxidant & anti-glycation
- Peptides including carnosine derivatives protect against Advanced Glycation End products (A.G.E.s)
- Phytochemicals detoxify and protect

## Feature Ingredients

**DermalRx LuShield (Osmanthus Fragrans flower extract)** - Detoxifies skin from glycating agents and oxidants, protects biomolecules from the effects of glycation and glycation-induced inflammation, prevents cell loss from A.G.E.s and increased sugar levels

**Tripeptide 9 Citrulline** - Reduces DNA damage resulting from fenton reaction products and reduces metal-mediated A.G.E. formation

**Tripeptide 10 Citrulline** - Inhibits mallard reaction and reduces A.G.E.s

**Edelweiss-ECO (Leontopodium alpinum) extract** - High in leontopodic acids A and B and chlorogenic acid, both of which have excellent antioxidant activity

**Plantago Lanceolata Leaf Extract** - Enhances collagen production, wound healing, and is anti-inflammatory; contains Aucubin, flavonoids, phenylethanoids, tannin and polysaccharides

**L-carnosine** - Antiglycation and transglycation

**Phito-Sirt (Aminoguanidine HCl, Decarboxy Carnosine HCl, Peumus boldus leaf extract, Polygonum cuspidatum root extract)** - Complex of Mexican bamboo (resveratrol), Boldine from the Boldo tree, aminoguanidine, decarboxy carnosine prevents glycation and boosts Sirtuin 1 and 2

**Derm SRC PF (Bambusa vulgaris leaf/stem extract, Pisum sativum extract, and Glucosamine HCl)** - Complex of Bamboo silica, pea extract and glucosamine to increase collagen, elastin and hyaluronic acid synthesis

## Directions:

For best results use with Glyco-Guard, or as directed by your skin care professional.

## Ingredients:

Aqua/Water, Sodium Hyaluronate, Osmanthus Fragrans Flower Extract, Butylene Glycol, Citric Acid, Panthenol, Pentylene Glycol, Propanediol, Lysine HCL, Carnosine, Lecithin, Tripeptide-9 Citrulline, Tripeptide-10 Citrulline, Aminoguanidine HCL, Decarboxy Carnosine, Peumus Boldus Leaf Extract, Polygonum Cuspidatum Root Extract, Bambusa Vulgaris Extract, Pisum Sativum (Pea) Extract, Glucosamine HCl, Leontopodium Alpinum Flower/Leaf Extract, Glycerin, Tetrasodium EDTA, Plantago Lanceolata Leaf Extract, Caprylyl Glycol, Hexylene Glycol, Phenoxyethanol, Sodium Metabisulfite, Sodium Hydroxide



Retail - 0.5 fl oz (15ml)

# Glyco-Guard

## Description:

Help protect your skin against environmental assault that can lead to skin ravishing glycation. This amazing cream contains an extract of Sweet Osmanthus (Fragrant Olive) which has a very strong antioxidant benefits. Detoxifies skin from dangerous oxidants and glycating agents yielding a variety of skin protecting and anti-aging benefits.

## Skin Type Indications:

Showing visible signs of aging or individuals wishing to slow signs of aging



Retail - 2 fl oz (59ml)

## Feature Ingredients

**Benfotiamine** - Raise TPP levels and controls the formation of A.G.E.s

**Rice Bran oil** - Possesses a peptide that inhibits MMP (matrix metalloproteinase) activity, enzymes that destroy collagen and elastin

**Vitamin E (Tocopheryl acetate)** - Very powerful fat-soluble antioxidant that protects cellular membranes from free radicals

**SurviCode (Sodium cocoyl alaninate)** - Activates survivin, sirtuin-1, connexin26, Nidogen, pleotrophin, and protects langerhans cells to promote cellular longevity, cell communication and cell defense

**DermalRx LuShield (Osmanthus Fragrans flower extract)** - Detoxifies skin from glycating agents and oxidants, protects biomolecules from the effects of glycation and glycation induced inflammation, prevents cell loss from A.G.E.s and from increased sugar levels

**Palmitoyl tripeptide-38Matrixyl™ Synthe® '6** - Enhances the production of six skin-rebuilding essentials, including collagen and elastin

**Decarboxycarnosine (Alistin)** - Antiglycation, transglycation, antioxidant

**Bis-ethylhexyl hydroxydimethoxy benzylmalonate (RonaCare AP)** - Reduces oxidative stress, strengthens UV protection, prevents further free radical formation

**Alpaflor ABI Complex AO** - DNA protective, supports wound healing and re-epithelialization, contains antioxidants, chlorogenic acid and derivatives, phenylethanoids, flavonoids, tannins and iridoids

**Benefits:**

- Carefully chosen biomolecules reduce and prevent advanced glycation in the cell
- Peptides, plant extracts and oils provide antioxidant and detoxification activities and promote connective tissue preservation

**Directions:**

Apply after Counter A.G.E in the evening.

**Ingredients:**

Aqua/Water, Hydrogenated Polyisobutene, Polysilicone-11, Laureth-12, PEG-100 Stearate, Cetearyl Alcohol, Cetearyl Glucoside, Bis-Ethylhexyl Hydroxydimethoxy Benzylmalonate, Sodium Cocoyl Alaninate, Oryza Sativa (Rice) Bran Oil, Panthenol, Osmanthus Fragrans Flower Extract, Hydroxypropyl Cyclodextrin, Pamitoyl Tripeptide-38, Decarboxy Carnosine HCL, Butylene Glycol, Glycerin, Peucedanum Ostruthium Leaf Extract, Buddleja Davidii Leaf Extract, Artemisia Umbelliformis Extract, Palm (Elaeis Guineensis) Oil, Benfotiamine, Carbomer, Caprylyl Glycol, Phenoxyethanol, Hexylene Glycol, Tetrasodium EDTA, Sodium Metabisulfite, Sodium Hydroxide



# Myo-Cyte Plus Anti Wrinkle Serum

## Description:

This award winning serum contains Matrixyl®, Matrixyl® 3000, Snap 8 and Inyline™ to greatly improve the look of expression lines.

## Skin Type Indications:

Fine lines, crow's feet, frown lines, wrinkles

## Benefits:

- Multi-peptide formula inhibits certain wrinkle inducing compounds in the skin
- Stimulates the regeneration of collagen and elastin

## Feature Ingredients

**Matrixyl™ (Palmitoyl Pentapeptide)** - Helps stimulate collagen synthesis and elastin, very similar to retinol without the irritation

**Matrixyl 3000™ (Palmitoyl Pentapeptide-3)** - Helps repair damaged tissues

**Snap-8 (Acetyl Octapeptide-3)** - Reduces depth of wrinkles caused by contraction of muscles of facial expression

**Inyline (Acetyl Hexapeptide-30)** - Reduces depth of wrinkles caused by contraction of muscles of facial expression

**Sodium Hyaluronate** - Hydrates skin by occluding moisture; natural muscle relaxant with anti-inflammatory properties

**L-Proline** - Essential amino acid that is required to make collagen fibers

**L-Carnosine** - Di-peptide that has anti-glycation properties

**L-Threonine** - Antioxidant stabilizer

**L-Glycine** - Building block of collagen formation

**Passion Flower Extract** - Contains three powerful muscle relaxants that are effective in smoothing wrinkled skin

## Directions:

Morning and evening after cleansing and applying Vitamin C Reversal Serum, apply one or two drops to fingertips and smooth over expression areas of the face like forehead, mouth and outside corner of the eyes.

## Ingredients:

Aqua/Water, Ethoxydiglycol, Sodium Hyaluronate, Acetyl Glutamyl Heptapeptide-1, Palmitoyl Pentapeptide-4, Acetyl Hexapeptide-30, Arginine, Palmitoyl Oligopeptide, Palmitoyl Tetrapeptide-7, Glycerin, Butylene Glycol, Carbomer, Magnesium Ascorbyl Phosphate, Carnosine, Proline, Glycine, Threonine, Passiflora Incarnata (Passion) Flower, Rosmarinus Officinalis (Rosemary) Leaf Extract, Chamomilla (Matricaria) Recutita Flower Extract, Polysorbate 20, Tetrasodium EDTA, Caprylyl Glycol, Phenoxyethanol, Hexylene Glycol



Retail - 0.5 fl oz (15ml)

# Full Circle Day Formula

## Description:

Innovative peptide technology and vitamins coupled with smoothing agents make this system unlike any other.

## Skin Type Indications:

Ocular area with fine lines, crow's feet, dark circles or UV damage

## Benefits:

- Contains natural herbs for constricting capillaries which will help to brighten undereye circles
- Peptides inhibit muscular contraction to reduce the formation of wrinkles
- Antioxidants prevent the destruction of collagen
- Soothing, anti-inflammatory

## Feature Ingredients

**Argireline (acetyl hexapeptide-8)** - A peptide alternative to botox that attenuates muscle contraction preventing the formation of fine lines and wrinkles

**Haloxyl (N-hydroxysuccinimide, Chrysin, Palmitoyl oligopeptide, Palmitoyl Tetrapeptide-7)** - Two peptides work in conjunction to improve firmness and tone of the eye area; Chrysin and N-hydroxysuccinimide stimulate the clearance of deposited blood pigments and solubilize iron for elimination respectively, resulting in a reduction of dark circles

**AA2G (L-ascorbic acid 2-glucoside)** - A stabilized form of Vitamin C that releases at the cell surface to reduce melanin synthesis, lighten existing melanin, act as an antioxidant and promote collagen synthesis; repair and lightening mechanisms help maintain lighter, younger looking skin

**Horse Chestnut (Aesculus hippocastanum)** - Contains aescin which has been shown to have anti-inflammatory effects

**Butchersbroom extract (Ruscus Aculeatus)** - Contains Ruscogenins to reduce the appearance and circulation of veins by promoting muscle contractions surrounding the veins; also anti-inflammatory and inhibit elastase for promotion of connective tissue and firmness

**Palmitoyl Grape Seed Extract** - Antioxidant complex, protease inhibitors, anti-inflammatory

**Oat protein** - Antioxidant and anti-irritant

## Directions:

In the morning after cleansing and applying Vitamin C Reversal Serum, gently pat Full Circle Day Formula around the eye area. Avoid the eyelid.

## Ingredients:

Aqua/Water, C12-15 Alkyl Benzoate, Hydroxyethylpiperazine Ethane Sulfonic Acid Sodium Salt, Dimethicone, Cetyl alcohol, Cetearyl alcohol, Glycerin, Ascorbyl Glucoside, Glyceryl Stearate, PEG-100 Stearate, Palmitoyl Tetrapeptide-7, Palmitoyl Oligopeptide, Acetyl Hexapeptide-8, Palmitoyl Grape Seed Extract, Avena Sativa Kernel Protein, Tocopheryl Acetate, N-Hydroxysuccinimide, Chrysin, Aesculus Hippocastanum Extract, Ruscus Aculeatus Root Extract, Steareth-20, Silica, Talc, Ceteareth-20, Biotin, Polyacrylamide, Butylene Glycol, Titanium Dioxide, C13-14 Isoparaffin, Laureth-7, Sodium Citrate, Citric Acid, Caprylyl Glycol, Hexylene Glycol, Tetrasodium EDTA, Potassium Sorbate, Phenoxyethanol, Chlorhexidine Digluconate.



Retail - 0.5 fl oz (15ml)

# Full Circle Night Formula

## Description:

Amplifies the natural repair cycle, while helping prevent the formation of new lines and reducing puffiness.

## Skin Type Indications:

Ocular area with fine lines, "crow's feet", puffiness

## Benefits:

- Peptides stimulate, repair and increase collagen formation, and minimize the formation of new lines
- Vitamin A Strengthens support tissue, aids in growth and repair of the epidermis, stimulates fibroblast cells to produce collagen and thicken the skin
- Works to decrease fluid build-up and de-puff



Retail - 0.5 fl oz (15ml)

## Feature Ingredients

**Eyeliss (Hesperidin Methyl Chalcone and Dipeptide-2 and Palmitoyl Tetrapeptide-7)** - A bioflavonoid that helps to decrease capillary permeability thus reducing fluid deposition and puffiness;

**Dipeptide-2 (Valyltryptophan)** - improves lymphatic circulation to promote drainage of undereye fluid; Lipopeptide Pal-GQPR improves firmness and elasticity

**Matrixyl 3000 (Palmitoyl Oligopeptide and Palmitoyl Tetrapeptide-7)** - Two peptides work in conjunction to activate genes involved in renewing and repairing the extracellular matrix and cell proliferation; provides a visible reduction in wrinkle depth

**Vitamin A (Retinyl Acetate) 0.1%** - A family of vitamins ultimately converted to Retinoic acid in the skin; free radical scavengers protect against UV damage, assist in DNA repair, recruit moisture to the skin, promote collagen production and may also play a role in keratinocyte differentiation and proliferation

**Vitamin E Acetate (Tocopheryl acetate)** - A very powerful fat-soluble antioxidant

## Directions:

In the evening after cleansing and applying Vitamin C Reversal Serum, gently pat around the eye area. Avoid the eyelids.

## Ingredients:

Aqua/Water, Hydrogenated Polyisobutene, Glycerin, Cetearyl Alcohol, Stearyl Alcohol, Glyceryl stearate, PEG-100 Stearate, Butylene Glycol, Palmitoyl Tetrapeptide-7, Palmitoyl Oligopeptide, Dipeptide-2, Retinyl Acetate, Hesperidin Methyl Chalcone, Tocopheryl Acetate, Carbomer, Tocopherol, Steareth-20, C13-14 Isoparaffin, BHA, BHT, Laureth-7, Ceteareth-20, Polyacrylamide, Phenxoyethanol, Arachis Hypogaea (Peanut) Oil, Polysorbate 20, Caprylyl Glycol, Hexylene Glycol.



# Emergency Eye Lift

## Description:

This crystal clear gel instantly tightens, lifts the eye area and plumps fine lines, while offering the long-term benefit of a more youthful look over time.

## Skin Type Indications:

All, especially those with crow's feet

## Benefits:

- Tightening and firming gel
- Results last approximately 3-5 hours
- Compatible with other eye products

## Feature Ingredients

**Sodium Hyaluronate** - Binds moisture, soothing

**Panthenol (provitamin B5)** - Regenerative, soothing

**Pentacare (Hydrolyzed gluten and Ceratonia Siliqua Gum)** - Skin tightener with instant feel, moisturizing and film forming

**Pephatight (Microalgae extract)** - Immediate skin tightening effect and long-term firming effect, stimulates formation of collagen

**Distinctive Phytostem Gardenia stem cell extract (Gardenia jasminoides meristem cell culture)** - Rich in moisturizing phytosterols and polysaccharides, along with antioxidative phenylpropanoids (e.g. feruloyl-6-glucoside), protects the skin's extra-cellular matrix from degradation by MMPs and stimulates collagen production

## Directions:

Use as needed. Apply one drop to fingertip and gently pat around eye area. Avoid eyelids.

## Ingredients:

Aqua/Water, Panthenol, Butylene Glycol, Sodium Hyaluronate, Ceratonia Siliqua Gum, Hydrolyzed Wheat Gluten, Algae Extract, Pullulan, Gardenia Jasminoides Meristem Cell Culture, Phenoxyethanol, Capryl Glycol, Hexylene Glycol, Glycerin, Xanthan Gum, Citric Acid, Sodium Dextran Sulfate, Ethylhexylglycerin, Potassium Sorbate, Sodium Benzoate



Retail - 0.5 fl oz (15ml)  
Professional - 1 fl oz (30ml)

# Blueberry & White Tea Hydrating Mist

## Description:

Hydrate and nourish while helping to protect skin with a complex of potent antioxidants.

## Skin Type Indications:

All, particularly those in need of hydration

## Benefits:

- Hydrating and protective
- Antioxidant support
- Can be used throughout the day

## Feature Ingredients

**Blueberry Extract** - Contains anthocyanin based strong antioxidants

**White Tea Extract** - Contains powerful antioxidants

**Chondrus Crispus extract (MariMoist)** - Hyauronate and sea plant extract improve texture of skin and bind large quantities of water to instantly hydrate and soften dry skin

**Sericin** - A natural ingredient made from silk that increases moisturizing activity, decreases transepidermal water loss and leaves the skin silky

**Honey Extract** - Provides a moisture-balancing effect that leaves the skin soft and supple

**Licorice Root Extract** - Skin brightening

**Linden Flowers Extract** - Contains high levels of flavonoids that reduce inflammation

**Slippery Elm Extract** - Highly soothing with nourishing and protective properties

**Blue Malva Flower Extract** - Contains a complex polysaccharide with excellent hydration abilities

## Directions:

After cleansing, close eyes and lightly mist face. Can be used morning, night and throughout the day for an extra boost of moisture and antioxidants.

## Ingredients:

Aqua/Water, PEG/PPG-8/3 Laurate, Sericin, Bis-PEG/PPG-16/16 PEG/PPG-16/16 Dimethicone, Panthenol, Caprylic/Capric Triglyceride, Chondrus Crispus Extract, Sodium Hyaluronate, Al-lantoin, Lecithin, Camellia Sinensis Leaf Extract, Glycyrrhiza Glabra (Licorice) Root Extract, Malva Sylvestris Flower Extract, Mel, Tilia Europaea Flower Extract, Ulmus Fulva Bark Extract, Vaccinium Corymbosum (Blueberry) Fruit Extract, Butylene Glycol, Sodium Acrylates Copoly-mer, Gluconolactone, Sodium Benzoate, Citric Acid, Caprylyl Glycol, Hexylene Glycol, Phe-noxyethanol, Tetrasodium EDTA.



Retail - 4 fl oz (118ml)

# Hydralox

## Description:

Formulated to lock in critical moisture, reduce transepidermal water loss and provide a supple sheen. This serum can also be added to other Circadia products to boost their efficacy.

## Skin Type Indications:

All, especially dry, chapped or wind-burned skin

## Benefits:

- Designed to lock in critical moisture to reduce transepidermal water loss
- Supple, non-greasy finish
- Aids in delivery of nutrients contained in other Circadia skin care products

## Feature Ingredients

**Tocopherol (Vitamin E)** - powerful fat-soluble antioxidant that protects cellular membranes from free radicals  
**Soybean Oil (GMO-free)** - Soy proteins inhibit hair growth and the formation of proteases, while reducing pigmentation

**Rice Bran Oil** - Possesses a peptide that inhibits MMP (matrix metalloproteinase) activity, enzymes that destroy collagen and elastin

**Macadamia Seed Oil** - A highly stable emollient containing 85% monounsaturated fatty acids that is both hydrating and soothing

**Curry Leaf Oil** - A botanical extract with anti-inflammatory and antioxidant properties

**Cinnamon Leaf Oil** - An anti-microbial, antioxidant spice that is also a natural preservative

**Sesame Oil** - A natural preservative that is rich in antioxidants and polyunsaturated fats

**CoQ10** - naturally occurring enzyme found in the mitochondria of the cell that contains antioxidant properties

**Essential oils of Rose, Vanilla, and Jasmine** - Hydrating properties

## Directions:

Use morning and night. After cleansing, apply 2-3 drops of Hydralox all over face. Also makes for an excellent cuticle softener.

## Ingredients:

Glycine Soja (Soybean) Oil, Oryza Sativa (Rice) Bran Oil, Cyclohexasiloxane, Cyclopentasiloxane, Macadamia Ternifolia Seed Oil, Ubiquinone (CoQ10), Tocopheryl Acetate, Squalene, Linalool, Rhodinol Natural, Rosa Damascena Flower Oil, Vanillin, Vanilla Planifolia Fruit Extract, Jasminum Grandiflorum (Jasmine) Flower Extract, Coriandrum Sativa (Coriander) Fruit Oil, Murraya Koenigi (Curry) Leaf Oil, Cinnamomum Zeylanicum (Cinnamon) Leaf Oil, Sesamum Indicum (Sesame) Oil, Caprylic/Capric Triglyceride



Retail - 0.5 fl oz (15ml)  
Professional - 1 fl oz (30ml)



# Moisture on Demand

## Description:

A new concept in smart products, this lightweight serum provides additional hydration as needed, while adjusting to climatic conditions.

## Skin Type Indications:

Chronically dry skin or skin requiring a moisture boost

## Benefits:

- Provides optimal moisturization for any climate
- Rich in natural antioxidants
- Protects against transepidermal water loss

## Feature Ingredients

**Argan Oil** - Rich in tocopherol, essential fatty acids; easily absorbed by the skin to nourish, regenerate and protect skin functions

**Panthenol (provitamin B5)** - Regenerative, soothing

**Palmitoyl Grape Seed Extract** - Antioxidant complex, protease inhibitors, anti-inflammatory

**Vitamin E acetate (Tocopheryl acetate)** - powerful fat-soluble antioxidant that protects cellular membranes from free radicals

**Pentavitin (Saccharide Isomerate)** - Skin-identical carbohydrate complex, increases water holding capacity, binds keratin, reduces dryness and irritation caused by AHA

**Phytaluronate (Ceratonia Siliqua Gum)** - Highly purified fraction of galactomannan derived from seeds of St. John's bread tree; moisturizing and skin smoothing, light film-forming, increases water-holding

**Xpertmoist (Pseudoalteromonas Ferment Extract)** - Provides a marine-derived molecular film, highly moisturizing and regenerating, minimizes transepidermal water loss under extreme conditions

## Directions:

Apply to cleansed skin after Vitamin C Reversal Serum.

## Ingredients:

Aqua/Water, Saccharide Isomerate, Polysilicone-11, Glyceryl Stearate, Glyceryl Distearate, PEG-100 Stearate, C12-15 Alkyl Benzoate, Argania Spinosa Kernel Oil, Hydrogenated Polyisobutene, Panthenol, Palmitoyl Grape Seed Extract, Avena Sativa Kernel Extract, Tocopheryl Acetate, Ceratonia Siliqua Gum, Cetyl Alcohol, Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Tetrasodium EDTA, Glycerin, Pseudoalteromonas Ferment Extract, Xanthan Gum, Citric Acid, Proline, Serine, Alanine, Sodium Phosphate, Sodium Citrate, Sodium Hydroxide, Ethylhexylglycerine, Laureth-12, Aroma/Flavor, Caprylyl Glycol, Phenoxyethanol, Hexylene Glycol, Citral, Limonene, Linalool



Retail - 0.5 fl oz (15ml)  
Professional - 1 fl oz (30ml)

# AquaPorin Hydrating Cream

## Description:

Maintains and increases skin moisturization with a burst of the latest, most effective hydrating agents.

## Skin Type Indications:

Dry, dull, rough, chalky, flakey, mildly irritated

## Benefits:

- Contains natural oils for their emollient, regenerative and soothing properties
- Boosts moisture, protecting from transepidermal water loss. Contains special cellular hydrators and active emollients

## Feature Ingredients

**Diffuporine (Acetyl Hexapeptide-37)** - Boosts Aquaporin-3 which promotes inner hydration mechanisms and water movement from the basal layer of epidermis and to the stratum corneum, rejuvenating the skin by improving barrier function, collagen I synthesis and cellular proliferation

**AquaBio (Piptadenia colubrina extract)** - Increases Aquaporins-3, 9, and 10 to hydrate skin, increases fibronectin, and envelope proteins to improve corneocyte cohesion

**Avocado Oil (Persea gratissima)** - Softening and soothing

**Olive Oil (Olea Europaea)** - Emollient, anti-bacterial and collagen stimulating

**Macadamia Ternifolia Nut Oil** - Contains palmitoleic acid which is beneficial dry skin

**OPC from grape seed extract** - Oligomeric Proanthocyanidins are antioxidants that stimulate collagen

**Tocopherol acetate (Vitamin E)** - powerful fat-soluble antioxidant that protects cellular membranes from free radicals

## Directions:

After cleansing, in the morning and evening, lightly apply to desired areas on face and neck.

## Ingredients:

Aqua/Water, Hydrogenated Polyisobutene, Cetearyl Alcohol, Glycerin, Butylene Glycol, Persea Gratissima (Avocado) Oil, Olea Europaea (Olive) Fruit Oil, Panthenol, Stearyl Alcohol, Bis-PEG/PPG-16/16 PEG/PPG-16/16 Dimethicone, Macadamia Ternifolia Seed Oil, Palmitoyl Grape Seed Extract, Ceramide 3, Acetyl Hexapeptide-37, Panthenol, Piptadenia Colubrina Peel Extract, Lactis Lipida, Tocopheryl Acetate, Glycine Soja (Soy) Protein, Caprylic/Capric Triglyceride, Ceteareth-20, Polysorbate 20, Acrylates/C10-30 Alkyl Acrylate Crosspolymer, BHT, Benzyl Alcohol, Disodium EDTA, Potassium Sorbate, Caprylyl Glycol, Phenoxyethanol, Hexylene Glycol, Chlorhexidine Digluconate, Parfum/Fragrance, Linalool, Limonene.



Retail - Net wt. 1.7 oz (50g)  
Professional - Net wt. 8 oz (236g)

# Aloe & Calendula Calming Mist

## Description:

A soothing blend of aloe, calendula, elderflower, rose and seawhip extracts to help calm the discomfort associated with rosacea and sensitive skin.

## Skin Type Indications:

Sensitive, Reactive, Rosacea, Compromised

## Benefits:

- Extracts, moisturizes and soothes irritated skin
- Marine extracts help to reduce inflammation
- Aloe extracts promote healing and calming effects



Retail - 4 fl oz (118ml)

## Feature Ingredients

**MariMoist (Chondrus Crispus extract)** - Hyauronate and sea plant extract improve texture of skin and bind large quantities of water to instantly hydrate and soften dry skin

**SepiCalm VG (Sodium palmitoyl proline and Nymphaea alba flower extract)** - Inhibits inflammatory pigmentation, soothes sensitive and irritated skin, and inhibits inflammatory mediators

**Sea Whip (Pseudopterogorgia Elisabethae) extract** - Rich in powerful anti-inflammatory compounds called pseudopterogens which inhibit the arachidonic acid cascade

**Aloe Vera Gel (Aloe Barbadensis Leaf extract)** - Rich in mucilaginous polysaccharides including acemannan (one of the active metabolites of Aloe); wound healing, stimulates fibroblast growth, angiogenesis, and re-epithelialization; reduces inflammation and increases collagen synthesis

**Calendula (Calendula officinalis) extract** - Contains Lutein, zeaxanthin, flavonoids, glycosides of oleanolic acid and, phenolic acid. It has Emollient, wound-healing, soothing, antiseptic, anti-itching, and anti-inflammatory properties.

**Chamomile extract [Chamomilla Recutita (Matricaria) Flower]** - Anti-inflammatory and repairing properties; contains azulene, bisabolol, and phytosterols

**Elderflower (Sambucus Nigra Flower) extract** - Mild astringent that benefits dry skin

**Rose (Rosa Centifolia Flower) extract** - Mild astringent

## Directions:

After cleansing, close eyes and lightly mist face. Can be used throughout the day as desired.

## Ingredients:

Aqua/Water, PEG/PPG- 8/3 Laurate, Aloe Barbadensis Leaf Juice, Bis-PEG/PPG-16/16 PEG/PPG-16/16 Dimethicone, Dipropylene Glycol, Butylene Glycol, Sodium Palmitoyl Proline, Sodium Hyaluronate, Caprylic/Capric Triglyceride, Nymphaea Alba Flower Extract, Sodium Acrylates Copolymer, Sea Whip Extract, Chondrus Crispus Extract, Lecithin, Gluconolactone, Calendula Officinalis Flower Extract, Chamomilla Recutita (Matricaria) Flower Extract, Rosa Centifolia (Cabbage Rose) Flower Extract, Nigra Flower (Elderberry) Flower Extract, Aloe Barbadensis Leaf Extract, Caprylyl Glycol, Hexylene Glycol, Sodium Benzoate, Sorbic Acid, Benzoic Acid, Chlorphenesin, Sodium Hydroxide Phenoxyethanol, Tetrasodium EDTA.



# Chrono-Calm

## Description:

A lightweight water-based hydrating serum that soothes chronically irritated skin and improves the appearance of redness and dilated capillaries.

## Skin Type Indications:

Redness, mild inflammation, visible capillaries, irritated skin



Retail - 0.5 fl oz (15ml)

## Feature Ingredients

**Telangyn (AcetylTripeptide-40)** - Decreases facial redness and other skin disorders cause the release of interleukins, reducing redness, dilated blood vessels, tissue degradation and post-inflammatory hyperpigmentation

**MAXnolia (Extract blend of Magnolia bark and grape seeds)** - Protects skin against chronic inflammation, neutralizes internal aging factors and reduces skin redness

**Homeo-soothe (Brown seaweed extract)** - Inhibits PGE2 production to soothe and calm skin and attenuate irritating sensations

**Panthenol- (provitamin B5)** - Regenerative, soothing

**Aldavine (two sulphated polysaccharides extracted from algae)** - A VEGF and PGE2 inhibitor and a MMP-2 which also inhibits angiogenesis

**Abbysine PF (Exopolysaccharide from an extremophile living in deep-sea hydrothermal vents)** - Reduces the expression of I-CAM-1 to reduce irritation in sensitive skin, increase resistance to stressors, reduce reactivity and intolerance, activate skin repair and restructuring processes

**QuenchT (Botanically derived methylxanthine derivatives, flavonoids, tannins, saponins, and glycosides)** - Reduces stinging, tingling, and burning sensations, reduces redness caused by sun exposure and counters effects of free radicals

**Ginger extract** - Anti-inflammatory, analgesic, antipyretic, antioxidant, antibacterial

**Marshmallow extract** - Anti-inflammatory and film forming to protect against irritating agents

**Lanatellis (Blend of green tea extract and chrysanthellum indicum extract)** - Contains free radical scavengers that protect against damage and reduce redness

**Oat beta glucan** - Immune stimulant, activates natural repair system

**Benefits:**

- Designed to reduce redness and irritation
- Contains peptides that reduce facial redness and blood vessel dilation
- Contains botanical extracts that activate the skin's repair system and have anti-inflammatory and antioxidant activities

**Directions:**

For best results, use with Tranquili-Cream and Aloe & Calendula Calming Mist, or as directed by your skin care professional.

**Ingredients:**

Aqua/Water, Sodium Hyaluronate, Panthenol, Pentylene Glycol, Butylene Glycol, Alteromonas Ferment Extract, Acetyl Tetrapeptide-40, Sorbitol, Ascophyllum Nodosum Extract, Asparagopsis Armata Extract, Magnolia Officinalis Bark Extract, Vitis Vinifera (Grape) Seed Extract, Tocopherol, Lecithin, Glycerin, Maltodextrin, Colanitia (Kola) Extract, Paullinia Cupana (Guarana) Extract, Ilex Paraguariensis (Mate) Extract, Zingiber Officinale (Ginger) Root Extract, Athae Officinalis Root Extract, Chrysanthellum Indicum Extract, Camellia Sinensis Leaf Extract, Avena Sativa (Oat) Beta Glucan, Avena Sativa (Oat) Kernel Extract, Sodium Metabisulfite, Caprylyl Glycol, Phenoxyethanol, Hexylene Glycol, Potassium Sorbate, Tetrasodium EDTA

# Tranquili-Cream

## Description:

Designed for those with sensitive skin and/or rosacea. This cream contains hydrating agents and powerful anti-irritants to help reduce the appearance of redness and itching sensations, while improving skin softness and comfort immediately upon application.

## Skin Type Indications:

Redness, irritation, flakey, broken capillaries, Rosacea, sensitive skin



Retail - 2 fl oz (59ml)

## Feature Ingredients

**SepiCalm VG (Sodium palmitoyl proline and Nymphaea alba flower extract)** - Inhibits inflammatory pigmentation, soothes sensitive and irritated skin, inhibits inflammatory mediators

**Stimu-Tex (Spent grain wax, shea butter extract, and argania spinosa kernel oil)** - Rich in linoleic acid, unique phytosterols and essential fatty acids, helps regenerate the epidermal permeability barrier reducing transepidermal water loss and has anti-inflammatory properties

**DermCom (Crocus Cyprianus bulb extract)** - Improves epidermal communication to boost collagen and elastin production, stimulate growth factors, and renew resilience and firmness

**Caresoft (Purified fraction of Curculigo root)** - Working through the NHE1 receptor it helps internally control skin pH, improves cohesion between cells, repairs integrity of epidermis, reduces skin reactivity and sensitivity

**Sea whip (Gorgonian) Extract** - Rich in powerful anti-inflammatory compounds called pseudopterosins which inhibit the arachidonic acid cascade

**Symsitive 1609 (4-t-Butylcyclohexanol)** - calming reactive skin types and hyperactive nerves to give immediate relief from burning, stinging and tingling, also strengthens protection and reduces further irritation

**Aloe Vera Gel-Eco (Aloe barbadensis) extract** - Wound healing, stimulates fibroblast growth, reduces inflammation and increases collagen synthesis

**Marrubium Stem cell (Marrubium vulgare meristem cell culture) extract** - Rich in phenylpropanoids (i.e. forsythoside B and verbacoside) which are defensive molecules that protect the skin against oxidants and activate the skin's self-defense systems

**Delisense (Acetyl Hexapeptide-49)** - Down regulates PAR-2 thus reducing discomfort of pain and itching occurring in sensitive skin and restoring damaged barrier integrity, also increasing hydration, improves scaling, smoothing and softness in very dry skin



**Benefits:**

- Plant and sea whip extracts reduce inflammation, redness and irritation
- Peptides and a nourishing lipid complex restore barrier integrity

**Directions:**

Apply after cleansing, morning and night. Avoid getting product into eyes. May be used with Rose-Ease Relief Cream, or as directed by your skin care professional.

**Ingredients:**

Aqua/Water, Hydrogenated Polyisobutene, Aloe Barbadensis Leaf Juice, PEG-100 Stearate, Cetearyl Alcohol, Cetearyl Glucoside, Polysilicone-11, Laureth-12, Sodium Palmitoyl Proline, Water Lily (*Nymphaea Alba*) Extract, Spent Grain Wax (*Hordeum Vulgare*), Butyrospermum Parkii (Shea Butter) Extract, Argania Spinosa Kernel Oil, Panthenol, Pentylene Glycol, 4-t-Butylcyclohexanol, Chrysanthus Bulb Extract, Acacia Senegal Gum, Pseudoalteromonas Ferment Extract, Tocopheryl Acetate, Sodium Benzoate, Propanediol, Tocophero, Glycerin, Curculigo Orchioides Root Extract, Butylene Glycol, Citric Acid, Acetyl Hexapeptide-49, Marrubium Vulgare Meristem Cell Culture, Xanthan Gum, Pseudopterogorgia Elisabethae (Sea Whip) Extract, Caprylic/Capric Triglyceride, Cucumis Sativus (Cucumber) Fruit, Benzoic Acid, Vanilla Planifolia Fruit Extract, Sorbic Acid, Citrus Aurantifolia (Lime) Peel Extract, Citrus Aurantium Dulcis (Orange) Peel Extract, Zingiber Officinale (Ginger) Root Extract, Carbomer, Potassium Sorbate, Caprylyl Glycol, Ethylhexylglycerin, Phenoxyethanol, Hexylene Glycol, Sodium Metabisulfite, Tetrasodium EDTA, Chlorphenesin, Limonene, Geraniol

# Rose Ease Relief Cream

## Description:

Helps to calm the redness and irritation associated with rosacea, while aiding in controlling the demodex mite which is studied as a contributor to rosacea.

## Skin Type Indications:

Red, irritated skin or individuals diagnosed with rosacea

## Benefits:

- Lightweight and calming
- Antimicrobial and anti-inflammatory
- Supports barrier function and moisture retention

## Feature Ingredients

**Linoleic Esters** - Anti-inflammatory, analgesic, protease inhibitors

**Evening primrose** - Anti-inflammatory, soothing and a good source of gamma linoleic acid, an essential fatty acid that helps maintain normal epithelial barrier membrane function

**Rosemary** - Antimicrobial, anti-inflammatory

**Cinnamon oil** - Demodex Folliculorum (skin mite) repellent



Retail - Net Wt. 1.7 oz (50g)

## Directions:

Morning and evening after cleansing, lightly apply to affected areas. (use 2-3 times a week to start)

## Ingredients:

Aqua/Water, Hepes Isostearate, Oenothera Biennis Oil, Rosmarinus Chinensis Oil, Gaultheria Procumbens Leaf Oil, Phenethyl Propionate, Cinnamomum Zeylanicum Leaf Oil, Thymus Zygis Oil, Carbomer, Caprylyl Glycol, Hexylene Glycol, Phenoxyethanol.

# Post Peel Balm

## Description:

This soothing balm is excellent for use after peels to calm and comfort skin. Post Peel Balm contains a skin-identical lipid complex that increases water-holding capacity and provides a semi-occlusive and protective barrier.

## Skin Type Indications:

Post-peel or following aggressive treatments, including windburn, waxing, microdermabrasion, etc.

## Benefits:

- Fast absorbing balm
- Provides anti-inflammatory and regenerative properties
- Great for post waxing, microdermabrasion, peels etc.

## Feature Ingredients

**Thermostressine (Acetyl Tetrapeptide-22)** - Helps fight cellular stress and increases HSP70 levels to prevent further stress

**Panthenol (provitamin B5)** - Regenerative, soothing

**Allantoin** - Soothing, anti-irritant

**Royal Jelly** - Regenerative, anti-inflammatory, antimicrobial

**Squalane butter 45 (squalane, Caprylic/ Capric Triglyceride, Behenyl Behenate, and Tribehnenin)** - Restructuring, excellent feel, soothing

**Meadowfoam Seed Oil Enhanced [Vegetable oil (Olus Oil)]** - Emollient, barrier protection, moisturizing

## Directions:

Use after a mild peel or aggressive treatments. Do not apply to broken skin.

## Ingredients:

Aqua/Water, Vegetable (Olus) Oil), Theobroma Cacao (Cocoa) Seed Butter, Squalene, Glycerin, Caprylic/Capric Triglyceride, Carbomer, Royal Jelly, Cera Alba, Acetyl Tetrapeptide-22, Allantoin, Panthenol, Tocopheryl Acetate, Behenyl Behenate, Tribehnenin, Hydroxyethylpiperazine Ethane Sulfonic Acid, Sodium Polyacrylate, Tetrasodium EDTA, Phenoxyethanol, Caprylyl Glycol, Hexylene Glycol



Retail - 2 fl oz (59ml)  
Professional - 8 fl oz (236ml)



# Licorice & Bearberry Brightening Mist

## Description:

This amazing blend of licorice, bearberry and other natural extracts are known to illuminate the skin. This mist works as a system with the White Veil Brightener and Bright White Serum to help brighten dark spots and enhance radiance.

## Skin Type Indications:

Age spots, sun spots, uneven pigmentation, post-pregnancy melasma

## Benefits:

- Inhibits the production of tyrosinase and melanin
- No hydroquinone or kojic acid
- Hydrating and softening

## Feature Ingredients

**MariMoist (Chondrus Crispus extract)** - A combination of Hyauronate and sea plant extract improves texture of skin and binds large quantities of water to instantly hydrate and soften dry skin

**Extracts of Licorice, bearberry, and Mulberry** - Contain natural lightening agents

**Melfade PF (Bearberry leaf extract and magnesium ascorbyl phosphate)** - Tyrosinase inhibitors

**Melanostatin 5** - Skin whitening peptide antagonist alpha-melanocyte stimulating hormone ( $\alpha$ -MSH) blocking tyrosinase activation

## Directions:

Twice a day, after cleansing close eyes and lightly mist face. AM: follow with Vitamin C Reversal Serum, and Light Day Sunscreen Broad Spectrum SPF 37. PM: follow with application of Bright White Serum to pigmented areas, then White Veil Brightener, and finish with Nighttime Repair or Nighttime Repair Plus.

## Ingredients:

Aqua/Water, PEG/PPG-8/3 Laurate, Butylene Glycol, Bis-PEG/PPG-16/16 PEG/PPG-16/16 Dimethicone, Glycerin, Caprylic/Capric Triglyceride, Chondrus Crispus Extract, Lecithin, Arctostaphylos Uva Ursi (Bearberry) Leaf Extract, Dextran, Magnesium Ascorbyl Phosphate, Nonapeptide-4, Glycyrrhiza Glabra (Licorice) Root Extract, Morus Alba Twig Extract, Glucanolactone, Sodium Hyaluronate, Caprylyl Glycol, Sodium Acrylates Copolymer, Sodium Metabisulfite, Phenoxyethanol, Hexylene Glycol, Tetrasodium EDTA, Parfum/Fragrance, Sodium Benzoate, Sodium Hydroxide.



Retail - 4 fl oz (118ml)

# Bright White Serum

## Description:

This lightweight milky serum is formulated with potent anti-oxidants and inhibitors of melanin production to brighten skin and reduce the appearance of hyperpigmentation.

## Skin Type Indications:

Age spots, sun spots, uneven pigmentation, post-pregnancy melasma

## Benefits:

- Reduction in melanin production
- No hydroquinone or kojic acid
- Safe and gentle
- Can be used under moisturizer

## Feature Ingredients

**Regufade (Trans-Resveratrol)** - Powerful skin brightener

**BV-OSC (Tetrahexyldecyl Ascorbate)** - Oil-soluble Vitamin C ester that is highly stable and reduces melanin synthesis

**Vitamin E acetate (Alpha-tocopherol acetate)** - Very powerful fat-soluble antioxidant that protects cellular membranes from free radicals

**Phenylethyl Resorcinol (SymWhite)** - Tyrosinase inhibitor, skin lightener and antioxidant

**Marrubium Stem cell extract** - Rich in phenylpropanoids (i.e. forsythoside B and verbacoside) which are defensive molecules that protect the skin against oxidants and activate the skin's self defense systems

**Tyrostat-11(Rumex Occidentalis extract)** - Inhibits tyrosinase, limits tanning, anti-erythema effect, age spot reduction

## Directions:

Nightly, after cleansing, apply only to affected areas

## Ingredients:

Aqua/Water, Glyceryl Stearate, Dimethyl Isosorbide, Steareth-20, bis-PEG/PPG-16/16, Dimethicone, Capryli/Capric Triglyceride, Glyceryl Distearate, Jojoba Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Tetrahexyldecyl Ascorbate, Stearic Acid, Ascorbic Acid, Resveratrol, Rumex Occidentalis Extract, Phenylethyl Resorcinol, Marrubium Vulgare Meristem Cell Culture, Xanthan Gum, Tocopheryl Acetate, Prunus Amygdalus Dulcis (Sweet Almond) Fruit Extract, Vanilla Planifolia Fruit Extract, Glycerin, Sodium Metabisulfite, Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Caprylyl Glycol, Phenoxyethanol, Hexylene Glycol, Tetrasodium EDTA



Retail - 0.5 fl oz (15ml)

# White Veil Brightener

## Description:

This silky, fast absorbing lotion contains SepiWhite™ MSH, Chromabright and B-White, all clinically shown to illuminate the complexion and brighten hyperpigmentation.

## Skin Type Indications:

Age spots, sun spots, uneven pigmentation, post-pregnancy melasma

## Benefits:

- Inhibits the production of tyrosinase
- No hydroquinone or kojic acid
- Can be used as a morning moisturizer under sunscreen
- Safe and gentle

## Feature Ingredients

**Niacinamide** - Melanosome transfer inhibitor that results in lighter skin

**Alpha-Arbutin** - Tyrosinase inhibitor that results in lighter skin

**SepiWhite MSH (Undecylenoyl phenylalanine)** - Alpha-MSH antagonist binds MC1-R and prevents production of tyrosinase, resulting in lighter skin

**B-white (Oligopeptide-68)** - Reduces MITF (microphthalmia-associated transcription factor) to decrease constitutive and facultative pigmentation pathways; decreases tyrosinase activity and melanin synthesis to reduce overall skin pigmentation

**K3 Vita C (Aminopropyl ascorbyl phosphate)** - Stabilized form of Vitamin C which has lightening properties due to the inhibition of tyrosinase; also has regenerative and antioxidant activity

**Chromobright (Dimethylmethoxy chromanyl palmitate)** - Lightening effect likely due to the inhibition of tyrosinase in a mechanism similar to that of ascorbyl palmitate

## Directions:

Apply nightly after cleansing to entire face

## Ingredients:

Aqua/Water, Capric/Caprylic Triglyceride, Undecylenoyl Phenylalanine, Alpha-Arbutin, Niacinamide, Cetearyl Alcohol, Cetearyl Glucoside, Polysilicone-11, Laureth-12, Cyclopentasiloxane, Polyethylene, PEG/PPG-20/15 Dimethicone, Phenyl Methicone, Glycine Soja (Soybean) Oil, Sodium Oleate, Aminopropyl Ascorbyl Phosphate, Oligopeptide-68, Dimethylmethoxy Chromanyl Palmitate, Butylene Glycol, Lecithin, Prunus Amygdalus Dulcis (Sweet Almond) Fruit Extract, Vanilla Planifolia Fruit Extract, Triethanolamine, Caprylyl Glycol, Phenoxyethanol, Hexylene Glycol, Benzyl Alcohol, Glycerin, Ethylhexylglycerin, Tetrasodium EDTA, Disodium EDTA



Retail - 2 fl oz (59ml)



# White Willow & Juniper Clearing Mist

## Description:

A refreshing mist of white willow, juniper, red clover and meadowsweet extracts that help reduce the appearance of oily skin and blemishes.

## Skin Type Indications:

Skin showing signs of acne, oily and acne-prone skin. Can be used to prevent in-grown hairs post waxing

## Benefits:

- Hyaluronate and sea plant extract hydrate
- Natural salicylic acid derivatives have antimicrobial activity and aid in penetrating pores and reducing cellular build-up

## Feature Ingredients

**Chondrus Crispus extract and sodium hyaluronate (MariMoist)** - Hyaluronate and sea plant extract improve texture of skin and bind large quantities of water to instantly hydrate and soften

**Trifolium Pratense (Clover) Extract** - Rich in antioxidants and phytohormone isoflavones

**Alchemilla Vulgaris ("lady's mantle) Extract** - Anti-inflammatory, wound healing, rich in antioxidants

**Juniperus Communis (Juniper) Fruit Extract** - Antiseptic and astringent properties

**White willow bark and meadowsweet flower extracts** - Contain natural salicylic acid and its derivatives

## Directions:

Close eyes and lightly mist face 2-3 times a day.

## Ingredients:

Aqua/Water, PEG/PPG-8/3 Laurate, Bis-PEG/PPG-16/16 PEG/PPG-16/16 Dimethicone, Butylene Glycol, Salix Alba (Willow) Bark Extract, Spiraea Ulmaria Flower Extract, Chondrus Crispus Extract, Lecithin, Alchemilla Vulgaris Extract, Juniperus Communis Fruit Extract, Trifolium Pratense (Clover) Extract, Nasturtium Officinale Extract, Sodium Hyaluronate, Caprylic/Capric Triglyceride, Sodium Acrylates Copolymer, Benzyl Alcohol, Gluconolactone, Sodium Benzoate, Chlorphenesin, Citric Acid, Benzoic Acid, Sorbic Acid, Caprylyl Glycol, Hexylene Glycol, Phenoxyethanol, Parfum/Fragrance, Tetrasodium EDTA, Citronellol, Geraniol.



Retail - 4 fl oz (118ml)

# Daytime Control

## Description:

A light, moisturizing lotion containing a complex of a patented antimicrobial peptides with a tripeptide that reinforces the skin's natural defense mechanism. Lignans and phytosterols help to control and reduce sebum production, especially in the T-zone, while botanical extracts soothe and smooth the skin.

## Skin Type Indications:

Acne or acne-prone skin

## Benefits:

- Helps control excess sebum throughout the day
- Controls breakouts
- Soothes and protects

## Feature Ingredients

**Niacinamide** - Melanosome transfer inhibitor, reduces visible pigmentation

**Regu-Seb** - Long-term regulator and controller of sebum production based on 5 $\alpha$ -reductase inhibition

**Acetyl dipeptide-3 (Bodyfensine)** - Human  $\beta$ -defensin-2 and -3 mimetics that reinforce the skin's natural immunity and lowers risk of possible infections from external agents

**GranActive Acne** - Botanical complex of antimicrobial peptides, which is especially effective against p. acne bacteria

**Canadian Willowherb extract** - Inhibits p. Acnes, reduces free radical formation and reduces redness associated with chemical and UV damage

**Vitamin E (tocopheryl acetate)** - Antioxidant, moisturizing

**Allantoin** - Soothing

**Lilac stem cell extract** - Rich in verbascoside with strong anti-inflammatory activity and effectiveness against p. acne

## Directions:

In the morning after cleansing, apply Vitamin C Reversal Serum, Daytime Control and Light Day Sunscreen Broad Spectrum SPF-37.

## Ingredients:

Aqua/Water, Argania Spinosa Kernel Oil, Cetearyl Octanoate, Glycerin, Cetearyl Alcohol, Cetearyl Glucoside, PPG-2 Myristyl Ether, Cetyl Alcohol, Serenoa Serrulata Fruit Extract, Sesamum Indicum (Sesame) Seed Oil, Beta Sitosterol, Niacinamide, Tocopherol, Boswellia Serrata Extract, Mel Extract, Oryza Sativa (Rice) Bran Extract, Oligopeptide-10, Syringa vulgaris (Lilac) Leaf Cell Culture Extract, Maltodextrin, Butylene Glycol, Acetyl Dipeptide-3, Aminohexanoate, Epilobium Angustifolium Flower/ Leaf/Stem Extract, Simmondsia Chinensis (Jojoba) Seed Oil, Ammonium Acryloyldimethyltaurate/VP Copolymer, Caprylyl Glycol, Phenoxyethanol, Hexylene Glycol, Tetrasodium EDTA, Citric Acid, Sodium Metabisulfite, Sodium Benzoate



Retail - 2 fl oz (59ml)

# Nighttime Control

## Description:

Nighttime Control has been formulated with a special form of benzoyl peroxide that is less irritating and allows it to penetrate pores attacking the bacteria, *P. acne*, a known contributor to the development of acne lesions.

## Skin Type Indications:

Skin showing signs of acne or acne-prone skin

## Benefits:

- Anti-inflammatory
- Keratolytic
- Germicidal
- Controls and eliminates follicle congestion

## Feature Ingredients

**Benzoyl peroxide (5%)** - At 5%, Benzoyl peroxide displays excellent exfoliating and antibacterial properties at levels similar to those of 10% Benzoyl Peroxide. However, it causes less irritation.

**Vitamin E (tocopheryl acetate)** - Antioxidant, moisturizing

**Allantoin** - Soothing

## Directions:

Cleanse skin thoroughly before applying Nighttime Control. Cover entire affected area with thin layer 1 to 3 times a week. Because excessive drying of the skin may occur, start with 1 application every night, or every other night, gradually increasing to 2 or 3 times a week if needed or as directed by a doctor. If bothersome dryness or peeling occurs, reduce application to once a week or every other night.

## Active Ingredients

**Benzoyl peroxide... 5%**

## Ingredients:

Aqua/Water, hexyldecanol, methyl propandiol, cetearyl alcohol, glyceryl stearate, PEG-100 stearate, ceteareth-20, cetearyl glucoside, dimethicone, carbomer, tocopheryl acetate, allantoin, sodium hydroxide, caprylyl glycol, hexylene glycol, methylisothiazolinone



Retail - 2 fl oz (59ml)



# Spot Stop

## Description:

Spot Stop is a spot treatment designed to target acute breakouts, while soothing, cooling and reducing the signs of inflammation. Plant extracts exercise antimicrobial activity while glucans, camphor and menthol offer immediate relief.

## Skin Type Indications:

Blemishes of mild to moderate severity

## Benefits:

- Light feeling spot treatment
- Germicidal, anti-inflammatory
- Reduces redness while soothing

## Feature Ingredients

**Trikenol Plus (Methylpropanediol, 4-Terpineol, Salicylic acid, Salix alba bark extract)** - A blend of terpinen-4-ol and willow extract enriched with salicylic derivatives provide antimicrobial activity

**Vitamin E acetate (Tocopheryl acetate)** - A very powerful fat-soluble antioxidant that protects cellular membranes from free radicals

**Canadian Willowherb (Epilobium angustifolium) extract** - Inhibits p. Acnes, reduces free radical formation and reduces redness associated with chemical and UV damage

**HomeoSoothe (Ascophyllum Nodosum Extract)** - Extract from brown seaweed that acts as a PGE2 inhibitor and soothes and calms the skin from irritation

**Oat beta glucan** - Immune stimulant, activates natural repair system

**Quench T [Colanitiida (Kola) Extract, Paullinia cupana (Guarana) Extract, Ilex paraguay- iensis (Mate) extract]** - Botanically derived methylxanthine derivatives, flavonoids, tannins, saponins and glycosides that reduce stinging, tingling, burning sensations and redness caused by sun exposure; counters effects of free radicals

**Camphor and Menthol** - Cooling

## Directions:

Two or three times a day, apply directly to blemished area. Avoid the eye area.

## Ingredients:

Aqua/Water, Hydrogenated Polyisobutene, Hydroxyethylpiperazine Ethane Sulfonic Acid, Cetearyl Alcohol, Stearyl Alcohol, Salicylic Acid, Epilobium Angustifolium Flower/Leaf/Stem Extract, Ilex Paraguariensis Leaf (Mate) Extract, Paullinia Cupana Fruit Extract, Allantoin, Menthol, Ascophyllum Nodosum Extract, Salix Alba (Willow) Bark Extract, Avena Sativa (Oat) Kernel Extract, Beta-Glucan, Butylene Glycol, Glyceryl Stearate, PEG-100 Stearate, Methylpropanediol, Cetearth-20, Panthenol, Caprylyl Glycol, Camphor, Tocopheryl Acetate, Sodium Metabisulfite, 4-Terpineol, Cola Acuminata Seed Extract, Hexylene Glycol, Carbomer, Sorbitol, Phenoxyethanol, Potassium Sorbate, Tetrasodium EDTA.



Retail - 0.5 fl oz (15ml)  
Professional - 1 fl oz (28ml)

# Professional Firming & Shaping Gel

## Description:

This light, fast absorbing gel noticeably smoothes and tightens targeted areas improving the appearance of skin texture and cellulite.

## Skin Type Indications:

Lack of firmness, dimpled skin, cellulite

## Benefits:

- Scientifically proven to reduce the appearance of cellulite on thighs and buttocks
- Noticeably smoothes and firms
- Improves skin tone and texture
- Excellent companion product for treatment with body wraps

## Feature Ingredients

**Theophyllisilane (Theophylline Alginate)** - Derivative of theophylline and alginic acid, increases utilization of fatty tissues

**Caffeine** - Increases local metabolism

**Horse Chestnut (Aesculus hippocastanum)** - Contains aescin which has been shown to have antiobesity and anti-inflammatory effects

**Butchersbroom extract (Ruscus Aculeatus)** - Contains Ruscogenins which reduce the appearance and circulation of veins by promoting muscle contractions surrounding the veins; also anti-inflammatory and inhibit elastase, to promote connective tissue and firmness

**L-carnitine** - Non-essential amino acid that is involved in fatty acid transfer to the mitochondria where fat can be burned

**Cornmint (Mentha Arvensis) Oil** - Stimulating, refreshing

**Methyl nicotinate** - Activates circulation

**Liporeductyl (Tripeptide-1)** - Activates lipolysis and microcirculation

**Silusyne (Acetyl Hexapeptide-39)** - Reduces adipogenesis (new fat) by decreasing PGC-1 $\alpha$  activity

## Directions:

Twice a day, dispense a generous amount of gel onto clean hands. Rub between hands and briskly massage onto entire thigh and buttock area. Wash hands thoroughly after use. You will experience a warm sensation and redness. This will disappear within 30 minutes.

## Ingredients:

Aqua/Water, Alcohol, Butylene Glycol, Pentylene Glycol, Methylsilanol Carboxymethyl Theophylline Alginate, Acetyl Carnitine HCL, Acetyl Hexapeptide-39, Tripeptide-1, Genistein, Ruscus Aculeatus Root Extract, TEA-Hydroiodide, Carnitine, Escin, Aesculus Hippocastanum Extract, Hedera Helix Extract, Chondrus Chripus Extract, Carbomer, Caffeine, Potassium Cetyl Phosphate, Glycerin, Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Lecithin, Propanediol, Methyl Nicotinate, Polysorbate 20, Tetrasodium EDTA, Sorbitan Sesquioleate, Isohexadecane, Hydroxypropyl Starch Phosphate, Mentha Arvensis Leaf Oil, Sclerotium Gum, Xanthan gum, Starch Hydroxypropyltrimonium Chloride, Maltodextrin, Silica, Urea, Sodium Chloride, Sodium Lactate, Sodium Hyaluronate, Caprylyl Glycol, Phenoxyethanol, Hexylene Glycol, Potassium Sorbate, Sodium Benzoate



Retail - 8 fl oz (236ml)  
Professional - 16 fl oz (472ml)

# Blue Bamboo Exfoliator for Body

## Description:

This exotic body scrub lathers into a creamy luxurious foam containing natural blueberry seeds and bamboo to gently exfoliate, remove impurities and cleanse.

## Skin Type Indications:

Body, especially coarse or rough patches

## Benefits:

- Gently exfoliates while cleansing the body, leaving the skin silky and smooth.



Retail - 8 fl oz (236ml)

## Feature Ingredients

**Sodium Methyl 2-Sulfolaurate, Disodium 2-Sulfolaurate, Sodium Lauryl Sulfoacetate** - A mild cleansing agent that uses anionic surfactants, generates foam and allows for pHs matching those of the skin, resulting in a pleasant after feel

**Cocomidopropyl betaine** - Foaming agent derived from refined coconut oil, gentle and biodegradable

**Blueberry seeds** - Gentle physical exfoliator

**Bamboo exfoliating particles** - Physical exfoliator

**Bamboo extract** - Natural source of silica and moisture binding

## Directions:

Dispense into hands. Gently lather, concentrating on elbows, knees and heels. Rinse well.

## Ingredients:

Aqua/Water, Cocamidopropyl Betaine, Sodium Lauryl Sulfoacetate, Sodium Methyl 2-Sulfolaurate, Bambusa Arundinacea (Bamboo) Stem Powder, Vaccinium Angustifolium (Blueberry) Seed, Acrylates Copolymer, Glycerin, Aroma/Flavor, Phyllostachis Bambusoides Rhizome Extract, Sodium Chloride, Disodium 2-Sulfolaurate, Hexylene Glycol, Butylene Glycol, Caprylyl Glycol, Sorbic Acid, Phenoxyethanol, Benzoic Acid, Chlorphenesin, Aminomethylpropanol.

# Tidal Moisture for Body

## Description:

Lock in moisture with this silky, super hydrating lotion, loaded with superior moisturizing agents and extracts.

## Skin Type Indications:

All skin types

## Benefits:

- protective and antioxidant
- soften and moisturize skin
- Sesame oil fatty acids provide lightweight protection against transepidermal water loss

## Feature Ingredients

**Panthenol (provitamin B5)** - Regenerative, soothing

**Hibiscus Eco extract** - Contains flavonoids and polyphenolic compounds that act as excellent antioxidants. Rich in polysaccharides that have moisturizing and immunostimulant activities. Hibiscus extract has also been shown to have antimicrobial properties and helps to maintain skin tone and elasticity.

**Sesame oil** - An emollient that is an excellent source of lignans, Vitamin E and phytosterols; nutritious and protects against sun and free radical damage

**Vitamin E (Tocopheryl acetate)** - Very powerful fat-soluble antioxidant that protects cellular membranes from free radicals

**SonneBorn Lilac® (C14-22 Alkane)** - Emollient, D5 silicone alternative

## Directions:

After bathing, pat skin dry and immediately apply lotion.

## Ingredients:

Aqua/Water, Cetearyl Alcohol, C14-22 Alkane, Stearic Acid, Glycerin, Hydrogenated Polyisobutene, Isopropyl Palmitate, Sesamum Indicum (Sesame) Seed Oil, Panthenol, Tocopheryl Acetate, Hibiscus Sabdariffa Flower Extract, Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Sodium Polyacrylate, Titanium Dioxide, Ceteareth-20, 1,2-Hexanediol, Caprylyl Glycol, Potassium Sorbate, Sodium Metabisulfite, Parfum, Sodium Hydroxide, Tetrasodium EDTA, Sodium Benzoate, Parfum/Fragrance, Limonene, Linalool.



Retail - 8 fl oz (236ml)  
Professional - 16 fl oz (472ml)



**Cleansers**

Vitamin Veil Cleanser  
 Lipid Replacing Cleansing Gel  
 Micro-Exfoliating Honey Cleanser  
 Amandola Milk Cleanser  
 Cleansing Gel with Salicylic

AM PM  
☐ ☐  
☐ ☐  
☐ ☐  
☐ ☐  
☐ ☐

**Protect**

Vitamin C Reversal Serum  
 Light Day Sunscreen Broad  
 Spectrum SPF-37

AM PM  
☐ ☐  
☐ ☐

**Aging/Repair**

Nighttime Repair  
 Nighttime Repair Plus  
 Vitamin A Boosting Cream  
 Vitamin A Gel  
 MeriStem Serum  
 PhiTo-Pep 1.6  
 Cyto-Comm Serum  
 Revita-Cyte Complex  
 Myo-Cyte Plus Serum

AM PM  
☐ ☐  
☐ ☐  
☐ ☐  
☐ ☐  
☐ ☐  
☐ ☐  
☐ ☐  
☐ ☐  
☐ ☐

**Eye**

Emergency Eye Lift  
 Full Circle Eye Repair

AM PM  
☐ ☐  
☐ ☐

**Hydrate**

Blueberry & White Tea Hydrating Mist  
 Hydralox  
 Moisture on Demand  
 AquaPorin Hydrating Cream

AM PM  
☐ ☐  
☐ ☐  
☐ ☐  
☐ ☐

**Sensitive/Rosacea**

Aloe & Calendula Calming Mist  
 Chrono-Calm  
 Tranquili Cream  
 Post Peel Balm  
 Rose-Ease Relief Cream

AM PM  
☐ ☐  
☐ ☐  
☐ ☐  
☐ ☐  
☐ ☐

**Oily/Acne**

White Willow & Juniper Clearing Mist  
 Daytime Control  
 Nighttime Control  
 Spot Stop

AM PM  
☐ ☐  
☐ ☐  
☐ ☐  
☐ ☐

**Brightening**

Licorice & Bearberry Brightening Mist  
 Bright White Serum  
 White Veil Brightener

AM PM  
☐ ☐  
☐ ☐  
☐ ☐

**Body**

Professional Firming & Shaping Gel  
 Blue Bamboo Exfoliator for Body  
 Tidal Moisture for Body

AM PM  
☐ ☐  
☐ ☐  
☐ ☐

Notes:

# Caviar Lime & Passionfruit Enzyme Mask

## Description:

This unique enzyme mask delivers advanced exfoliating technology utilizing Lime Pearl Caviar to gently rejuvenate the skin. This powerful formulation delivers gentle exfoliation with a burst of antioxidants.

## Skin Type Indications:

All skin types

## Benefits:

- Gentle exfoliation
- Antioxidant support



Professional - 8 fl oz (236ml)

## Feature Ingredients

**Caviar Lime Extract** - contains the ingredient Lime Pearl™, a natural source of AHA's extracted from the precious Caviar Lime, especially designed to enhance skin desquamation with an innovative mechanism of action, without irritation.

**Bromelain** - Protease from pineapple works with Caviar Lime to exfoliate and brighten the skin.

**Passiflora Edulis Fruit Powder (Passionfruit)** - Natural passionfruit extract gives the mask its appealing color and intoxicating aroma. This exotic fruit is loaded with antioxidants and skin-boosting Vitamin A.

**Caesalpinia Spinosa Gum** - Delivers tightening and lifting properties to the skin

**Botanical Extract Blend** - Licorice Root Extract, Ulmus Fulva Bark Extract, Blueberry Fruit Extract, Camellia Sinensis Leaf Extract, Mallow Flower Extract, Tilia Europaea Flower Extract- hydrating and soothing properties

## Directions:

Dispense 1 tsp. Caviar Lime & Passionfruit Enzyme Mask into portion cup. Apply to face and neck with fan brush. Optional massage or hot towel application, leave on for 7-30 minutes. Remove with warm towel or 4x4 gauze. Pat skin dry.

## Ingredients:

Aqua/Water, Caprylic/Capric Triglyceride, C12-15 Alkyl Benzoate, Passiflora Edulis Fruit Powder (Passionfruit), Bromelain, Cyclopentasiloxane, Cyclopentadimethicone, Caesalpinia Spinosa Gum, Polyacrylate Crosspolymer-6, Microcitrus Australasica (Caviar Lime) Fruit Extract, Glycyrrhiza Glabra (Licorice) Root Extract, Ulmus Fulva Bark Extract, Vaccinium Corymbosum (Blueberry) Fruit Extract, Camellia Sinensis (White Tea) Leaf Extract, Mel (Honey), Malva Sylvestris (Mallow) Flower Extract, Tilia Europaea (Linden) Flower, Glycerin, Butylene Glycol, Caprylyl Glycol, Ethylhexylglycerin, Phenoxythanol

# Snow Algae & Spirulina Cooling Mask

## Description:

This complex combination of Exotic Snow Algae extract, essential vitamins, minerals, and antioxidants create a cooling and soothing sensation designed to improve cellular defenses, cell detoxification and repair. This ingredient combination supports the skin through tissue trauma and enhance soothing with an anti-inflammatory boost.

## Skin Type Indications:

Rosacea/Sensitive, Inflammation, Sunburn, Post Peel

## Benefits:

- Reduce inflammation
- Repair
- Rejuvenate

## Feature Ingredients

**Snow Algae Extract (Coenochloris Signiensis)** - Snow algae increases hydration in the skin for a more supple complexion, boosts collagen production for improved texture and appearance, and protects skin from environmental damage at a cellular level.

**Spirulina Extract** - A rich source of protein that accelerates the removal of toxins just below the skin surface; soothing, anti-inflammatory and balancing effect on the tissue and capillaries; this blue green algae also provides nutrients to the skin to eliminate toxins

**Aloe Barbadensis Leaf Juice** - Rich in mucilaginous polysaccharides including acemannan (one of the active metabolites of Aloe); wound healing; stimulates fibroblast growth, angiogenesis, and re-epithelialization; reduces inflammation and increases collagen synthesis

## Directions:

Dispense 1 tsp. Snow Algae and Spirulina Cooling Mask into portion cup. Apply to face and neck with fan brush. Optional massage for 10 minutes. Remove mask with warm towel and 4x4 gauze. Pat skin dry.

## Ingredients:

Aqua/Water, Aloe Barbadensis Leaf Juice, Glycerin, Methyl Gluceth-20, Menthyl Lactate, Polysorbate 20, Coenochloris Signiensis Extract (Snow Algae), Pentylene Glycol, Sodium Hyaluronate, Spirulina Extract, Glycine Soya Oil, Lavandula (Lavender) Angustifolia Flower/Leaf/Steam Extract, Caprylic/Capric Triglyceride, Aniba Rosaeodora Wood Extract, Prunus Persica (Peach) Fruit Extract, Camellia Sinensis Leaf Extract, Plumeria Rubra Flower Extract, Jasminum Officinale Flower/Leaf Extract, Vanilla Planifolia Fruit Extract, Fucus Vesiculosus Extract, Rose Extract, Citrus Aurantium Bergamini Fruit Extract, Coriandrum Sativum Seed Extract, Cupressus Sempervirens Seed Extract, Rosmarinus Officinalis Leaf Extract, Maltodextrin, Lecithin, Xanthan Gum, Phenoxyethanol, Ethylhexylglycerin, Carbomer, AMP



Professional - 8 fl oz (236ml)

# Australian Super-Berry Antioxidant Mask

## Description:

A unique combination of exotic berries from the Outback Australian country partnered with the exfoliating properties of Lactic and Mandelic acids, designed to nourish, moisturize and brighten skin for a healthy and radiant appearance.

## Skin Type Indications:

Dry, dehydrated, lackluster skin

## Benefits:

- Brightening
- Antioxidants
- Anti-Inflammatory
- Hydration

## Feature Ingredients

**Pepperberry (*Tasmannia lanceolata*)** - Pepperberry is rich in antioxidants (anthocyanins and rutin) protecting cells from oxidative damages (3x greater than blueberries). Rutin is known to strengthen capillaries with anti-inflammatory capabilities.

**Rieberry (*Syzygium leuhamii*)** - Rieberry contains antioxidants (Vitamin E, anthocyanins) and nutritious skin elements such as essential minerals (magnesium, calcium, potassium)

**Muntries (*Kunzea pomifera*)** - Muntries are rich in anthocyanins, mostly in cyanidin 3-glucoside. It has a TEAC 3x greater than blueberries. Nourishes the skin and provides a barrier against moisture loss and daily abuse.

**Red Raspberry (*Rubus idaeus*)** - Natural Azaleic Acid used as a tyrosine's inhibitor. High in antibacterial, antioxidant, astringent, anti-aging and anti-inflammatory properties.

**Lactic Acid** - Alpha hydroxyl acid stimulates GAGs and functions as a tyrosinase inhibitor

**Mandelic Acid** - Alpha hydroxyl acid with tyrosinase inhibiting properties

## Directions:

Dispense 1 tsp. Australian Super-Berry Antioxidant Mask into portion cup. Apply to face and neck with fan brush. Optional massage for 10 minutes. Remove mask with warm towel and 4x4 gauze. Pat skin dry.

## Ingredients:

Aqua/Water, Rubus Idaeus (Red Raspberry) Seed Powder, Magnesium Aluminum Silicate, Cellulose Gum, Lactic Acid, Mandelic Acid, Glycerin, Xanthan Gum, tasmannia Lanceolata Fruit Extract, Syzygium Leuhamii Fruit Extract, Kunzea Pomifera Fruit Extract, Ethylhexylglycerin, Caprylic/Capric Triglyceride, Rubus Idaeus Fruit Extract, Alcohol, Rubus Fruitcosus (Blackberry) Fruit Extract, Pyrus Malus (Apple) Fruit Extract, Vitis Vinifera (Grape) Fruit Extract, Vanilla Planifolia Fruit Extract, Polysorbate 20, Phenoxyethanol, Triethyl Citrate



Professional - 8 fl oz (236ml)



# Firming Peptide Mask

## Description:

This firming and tightening mask combines some of the latest technology in peptide, antioxidant and dermal regeneration science, resulting in micro circulation, detoxification and instant firming, lifting and tightening.

## Skin Type Indications:

Advanced signs of age, dull, sagging and UV damage

## Benefits:

- Instant tightening & Firming
- Antioxidant & anti-glycation properties
- Detoxification

## Feature Ingredients

**L-Carnosine** - A di-peptide that has powerful antioxidant properties and anti-glycation capabilities as well as enhancing cellular renewal in the skin

**L-Carnitine** - This is essential at a cellular level for the creation of metabolic energy thereby helping all the dermal renewal processes in the skin especially during the creation of keratinocytes, collagen and elastin and antioxidant process that remove toxins.

**Aspartic Acid** - An amino acid that is of paramount use in the Citric Cycle and helps to boost your skin's energy. The Citric Cycle is the energy cycle in the cell and keeps you young.

**Glumatic Acid** - Is a building block for enzyme GSH (Glutathione Peroxidase) one of the most powerful immuno-enzymes in the body and skin that helps protect and remove toxins and free radicals.

**Green Tea** - A known antioxidant that contains polyphenols and flavonoids.

**White Tea** - A known antioxidant from times of the Ancient Chinese, contains very high levels of flavonoids from tea buds.

## Directions:

Immediately before use, mix 2 parts Firming Peptide Enzyme Powder and 1 part Firming Peptide Activator into portion cup until smooth. Apply evenly to face and neck with a fan brush. Allow to remain on for 10 - 30 minutes. Remove mask with Lipid Replacing Cleansing Gel with warm damp towel and 4x4 gauze. Pat skin dry.

## Ingredients:

**ACTIVATOR:** Aqua/water, Glycerin, Chamomilla Recutita Flower Extract, Symphytum Officinale Leaf Extract, Camellia Sinenis Leaf Extract, Hexylene Glycol, Caprylyl Glycol, Phenoxyethanol, Fragrance, Potassium Sorbate

**POWDER:** Albumen, Zea Mays Starch, Glycine Soja (Soy) Protein, Mel (Honey), Maltodextrin, Aspartic Acid, Glumatic Acid, Avena Sativa (Oat) Kernel Protein, Carnosine, Carnotine



Professional  
Activator - 8 fl oz (236ml)  
Powder - Net wt. 4 oz (114g)

# Green Tea Mask

## Description:

This clay based mask is designed to draw out impurities, remove keratin buildup and detoxify the skin while providing anti-inflammatory & antioxidant support.

## Skin Type Indications:

Oily, acne, excessive keratinization, and or/blemishes

## Benefits:

- Remove keratin buildup
- Antioxidant support
- Great for body treatments
- Anti-inflammatory, astringent and purifying

## Feature Ingredients

**Green Tea (*Camellia sinensis*)** - Anti-inflammatory, collagenase inhibitor, astringent, regenerative, antioxidant

**Chamomile (*Matricaria recutita*)** - Anti-inflammatory, immune booster.

**Nettles (*Urtica dioica*)** - Astringent, purifying.

**Linden (*Tilia cordata*)** - Calming, decongestant.

**Kaolin** - Detoxifying, oil absorbing, stimulating

**Glycerine** - Moisture Binder



Professional - 12 fl oz (340g)

## Directions:

Dispense 1 tsp. Green Tea Mask into portion cup. Apply to face and neck with fan brush. Leave on for 10-15 minutes. Remove with warm towel or 4x4 gauze. Pat skin dry.

## Ingredients:

Aqua/Water, Kaolin, Glycerin, Magnesium Aluminum Silicate, Cellulose Gum, Camellia Sinensis (Green Tea) Leaf Extract, Urtica Dioica (Nettles) leaf extract, Matricaria Recutita (Camomile) Flower Extract, Tilia Cordata (Linden) Flower Extract, Xanthan Gum, Polysorbate 20, Caprylyl Glycol, Hexylene Glycol, Phenoxyethanol, Fragrance

# Red Tea Mask

## Description:

This unique blend of powerful extracts is designed to infuse the skin with essential antioxidants, vitamins and minerals while delivering hydration. This unique kaolin clay base also assists in detoxifying and purifying the skin.

## Skin Type Indications:

Aging and dehydrated skin types

## Benefits:

- Hydrating & Nourishing
- Antioxidants, vitamins and minerals
- Detoxifying

## Feature Ingredients

**Red Tea (Rooibos)** - Natural antioxidants,

**Chamomile (*Matricaria recutita*)** - Anti-inflammatory, immune booster.

**Nettles (*Urtica dioica*)** - Astringent, purifying.

**Linden (*Tilia cordata*)** - Calming, decongestant.

**Kaolin** - Detoxifying, oil absorbing, stimulating

**Glycerine** - Moisture Binder



Professional - 12 fl oz (340g)

## Directions:

Dispense 1 tsp. Red Tea Mask into portion cup. Apply to face and neck with fan brush. Leave on for 10-15 minutes. Remove with warm towel or 4x4 gauze. Pat skin dry.

## Ingredients:

Aqua/Water, Kaolin, Glycerin, Magnesium Aluminum Silicate, Cellulose Gum, Xanthan Gum, Polysorbate 20, Aspalathus Linearis (Rooibos) Extract, Tilia Corbata (Linden) Extract, Matricaria Recutita Flower (Chamomile) Extract, Urtica Dioica (Nettles) Extract, Caprylyl Glycol, Hexylene Glycol, Phenoxyethanol, Fragrance

# Marshmallow Whip Hydrating Mask

## Description:

This mask delivers a complex blend of hydrating ingredients to infuse critical hydration into the skin while delivering healing and soothing botanicals to improve the overall health of the skin

## Skin Type Indications:

All skin types

## Benefits:

- Intense hydration
- Soothing
- Healing

## Feature Ingredients

**Althae Officinalis Root Extract (Marshmallow Extract)** - The abundance of mucilage in this botanical root has a soothing, calming effect on the skin. Inhibitory effects on hyaluronic acid degradation result in the maintenance of moisture levels.

**Sodium Hyaluronate** - In solution HA exists in a flexible coiled configuration that contains approx. 1000-fold more water than polymer. This enables HA to contribute to tissue hydration

**Acetyl Hexapeptide-37** - Peptide that increases skin moisturization and cell proliferation, and helps maintain skin barrier integrity.

**Honey** - is described as a natural humectant, which is a substance that attracts moisture and holds moisture against the skin. Using a honey-based facial mask can prove beneficial to areas of skin that tend to become dry or itchy because it lends moisture to these areas.

**Royal Jelly** - This precious ingredient has many skin benefits; known to be moisturizing, soothing, anti-inflammatory, and anti-irritant

## Directions:

Dispense 1 tsp. Marshmallow Whip Hydrating Mask into portion cup. Apply to face and neck with fan brush. Optional massage or hot towel application, leave on for 10-20 minutes. Remove with warm towel or 4x4 gauze. Pat skin dry.

## Ingredients:

Aqua/Water, Caprylic/Capric Triglyceride, C12-15 Alkyl Benzoate, Mel (Honey) Powder, Maltodextrin, Cyclopentasiloxane, Cyclopentadimethicone, Caesalpinia Spinosa Gum, Zea Mays (Corn) Starch, Polyacrylate Crosspolymer-6, Althae Officinalis Root Extract (Marshmallow) Extract, Sodium Hyaluronate, Royal Jelly, Acetyl Hexapeptide-37, Vanilla Planiflora, Glycerin, Butylene Glycol, Caprylyl Glycol, Phenoxythanol, Hexylene Glycol, Sodium Benzoate, Potassium Sorbate.



Professional - 8 fl oz (236ml)



# Pumpkin Perfecting Mask with Bakuchiol

236 ml / 8 fl. oz.

## Description:

Circadia's Pumpkin Perfecting Mask with Bakuchiol is formulated to deliver powerful antioxidant protection while boosting collagen, similar to Retinol without sensitivity. This mask is designed for all skin types and defends against inflammatory stress.

## Benefits:

- Reduces fine lines & wrinkles
- Improves overall skin texture & tone
- Reduces comedones & sebum production
- Retinol-like activity
- Broad action antioxidant



## Feature Ingredients

Pumpkin – Rich in antioxidants and vitamins. Pumpkin contains Vitamins C, E and beta-carotene, a precursor of Vitamin A that assists in reducing environmental stress, free radical damage and increases cell turnover.

Bakuchiol (Sytenol A)- is a retinol-alternative. It stimulates key anti-aging genes similarly as retinol, for instance retinoid binding and metabolizing genes. It is also an antioxidant, a stimulator of collagens and an inhibitor of lipo-peroxidation.

## Directions:

Apply to cleansed skin. Leave on for 10 minutes, or as otherwise instructed by professional treatment protocol. Remove mask with warm damp towel, and pat dry. Follow with appropriate post-treatment products.

## Ingredients:

Water (Aqua), Caprylic/Capric Triglyceride, C12-15 Alkyl Benzoate, Pumpkin (Cucurbita Pepo-L) Fruit, Cyclopentasiloxane, Cyclopentadimethicone, Caesalpinia Spinosa Gum, Bakuchiol, Allspice, Ginger, Cinnamon (Cassia) Bark Extract, Clove (Eugenia Caryophyllus) Flower Extract, Dipteryx Odorata Seed Extract, Apricot (Prunus Armeniaca) Fruit Extract, Vanilla (Planifolia) Fruit Extract, Nutmeg (Myristica Fragrans) Extract, Pimenta (Officinalis) Fruit Extract, Polyacrylate Crosspolymer-6, Ethylhexylglycerin, Phenoxyethanol, Sodium Phytate, Polysorbate 20.

SEASONAL ITEM

# Cocoa Enzyme

## Description:

This gentle anti-inflammatory enzyme contains natural antioxidants and a sweet cocoa aroma designed to nourish, protect and boost healing for any skin type. The gentle exfoliation of natural papaya and pineapple enzymes will effectively polish and prepare the skin.

## Skin Type Indications:

All skin types, especially acneic, rosacea, or sensitive skin

## Benefits:

- Removes keratin buildup
- Anti-inflammatory
- Cocoa aroma

## Feature Ingredients

**Bromelain** - Dissolves cysteine protease (exfoliation), anti-inflammatory.

**Papain** - Dissolves sulphhydroxyl protein group (exfoliation).

**Trypsin** - Dissolves keratin (exfoliation).

**Cocoa** - Vaso constrictor and anti-inflammatory.

## Directions:

Mix one part powder to three parts activator. Apply to face and neck. Time for 8 – 12 minutes, unless otherwise instructed. Use during the exfoliation phase of the facial to soften comedones and exfoliate.

## Ingredients:

**Powder** – Carrageenan, Maltodextrin, Bromelain, Zea Mays Starch, Theobroma Cacao Seed Powder, C12-18 Acid Triglyceride, Lactose, Disodium Phosphate, Trypsin, Papain, Calcium Carbonate, Ascorbic Acid, Citric Acid.

**Activator** – Aqua/Water, Glycerin, Aroma/Flavor, Caprylyl Glycol, Phenoxyethanol, Hexylene Glycol.



Professional  
Activator - 8 fl oz (236ml)  
Powder - Net wt. 2.3 oz (65g)

# Raspberry Enzyme

## Description:

This brightening enzyme contains red raspberry seed extract designed to deliver essential antioxidants and brighten the skin. The gentle exfoliation of natural papaya and pineapple enzymes will effectively polish and rejuvenate resulting in a healthy glow.

## Skin Type Indications:

Aged, sundamage, damaged

## Benefits:

- Removes keratin
- Antioxidant support
- Brightening

## Feature Ingredients

**Bromelain** - Dissolves cysteine protease (exfoliation), anti-inflammatory.

**Papain** - Dissolves sulphhydroxyl protein group (exfoliation).

**Trypsin** - Dissolves keratin(exfoliation).

**Red Raspberry** - Antioxidant, Contains natural Azelaic Acid for brightening

## Directions:

Mix one part powder to three parts activator. Apply to face and neck. Time for 8 – 12 minutes, unless otherwise instructed. Use during the exfoliation phase of the facial to soften comedones and exfoliate.

## Ingredients:

**Powder** – Carrageenan, Maltodextrin, Bromelain, Zea Mays Starch, Rubus Strigosus Seed, C12-18 Acid Triglyceride, Lactose, Disodium Phosphate, Trypsin, Papain, Calcium Carbonate, Ascorbic Acid, Citric Acid.

**Activator** – Aqua/Water, Glycerin, Aroma/Flavor, Caprylyl Glycol, Phenoxyethanol, Hexylene Glycol.



Professional  
Activator - 8 fl oz (236ml)  
Powder - Net wt. 2.3 oz (65g)

# Zymase Enzyme

## Description:

This powerful enzyme contains multiple forms of vitamin c designed to brighten, tighten and exfoliate the skin. When combined with the gentle exfoliation of natural pineapple and papaya enzymes we can slow down the visible signs of aging.

## Skin Type Indications:

Damaged, Aged

## Benefits:

- Removes keratin
- Antioxidant support

## Feature Ingredients

**Bromelain** - Dissolves cysteine protease (exfoliation), anti-inflammatory.

**Papain** - Dissolves sulphhydroxyl protein group (exfoliation).

**Trypsin** - Dissolves keratin(exfoliation).

**Citrus Medica Limonum (Lemon) Peel Powder** - Skin tightening, firming, antioxidant

**Ascorbic Acid** - antioxidant, brightening, firming

## Directions:

Mix one part powder to three parts activator. Apply to face and neck. Time for 8 – 12 minutes, unless otherwise instructed. Use during the exfoliation phase of the facial to soften comedones and exfoliate.

## Ingredients:

**Powder** – Carrageenan, Maltodextrin, Bromelain, Zea Mays Starch, Avena Sativa Kernel Protein, C12-18 Acid Triglyceride, Lactose, Disodium Phosphate, Trypsin, Papain, Calcium Carbonate, Citrus Limon Peel Powder, Ascorbic Acid, Citric Acid, Limonene.

**Activator** – Aqua/Water, Glycerin, Aroma/Flavor, Caprylyl Glycol,Phenoxyethanol, Hexylene Glycol, Limonene



Professional  
Activator - 8 fl oz (236ml)  
Powder - Net wt. 2.3 oz (65g)



# Lactic Acid Peel

## (30%, 35%, 45%)

### Description:

Lactic acid is a member of the Alpha Hydroxy group of molecules that promote desquamation of the stratum corneum.

### Skin Type Indications:

Suitable for most skin types, ideal for aging, dry and sensitive skin types. Fitzpatrick I-VI.

### Benefits:

- Exfoliating
- Hydrating
- Gel based peel with no downtime

### Feature Ingredients

**Lactic Acid** - Lactic acid causes an increase in dermal Glycosaminoglycans (GAGs-natural moisturizers), an increase in ceramides (epidermal barrier lipids) and improved water barrier properties. Lactic Acid functions as a tyrosinase inhibitor and removes surface proteins.

### Contraindications:

Hypersensitivity or anyone highly allergic, dry, dehydrated skin or compromised lipid barrier, Accutane within the past year, glycolic or salicylic acid within the past week, pregnant or nursing, herpetic breakout, open wounds or suspicious lesions, Retin-A or Renova within the past week

### Ingredients:

PEG-8, Lactic Acid



Professional  
2 fl oz (59ml)

## **Client Preparation:**

A full client consultation is necessary before treatment. Have client complete and sign the peel consent form. Verbally repeat contraindications before proceeding with peel. Provide the client with hair and eye protection.

## **Application:**

### **Cleansing:**

1. Pre-cleanse with Vitamin Veil Cleanser, cleanse in circular motions, rinse thoroughly.
2. Cleanse with Lipid Replacing Cleanser, cleanse in circular motions, rinse thoroughly and pat skin dry.
3. Place a thin layer of vaseline on the lips and nasolabial junction with a cotton swab.
4. Take a minute to check the skin under the magnifying light, looking for any skin irregularities that might have been hidden by make-up during the initial evaluation.

### **Treatment:**

1. Dispense 3 ml of peel solution into portion cup.
2. Give client hand held fan to hold and direct at face.
3. Using a cotton 4x4 or fan brush carefully dip into solution. Press onto the side of the cup to remove excess. Apply one layer section-by-section beginning at the forehead, cheeks, nose, chin and ending with the upper lip.
4. Leave on for 5 to 20 minutes. Time will vary based on experience with this treatment's response, the client's skin or the current skin's condition.
5. Gently remove peel solution with a soft 4x4 gauze.
6. Keeping eyes covered, lightly mist face with 5 to 6 sprays of pK Peel Neutralizing Spray, making sure to completely cover the treated area.

### **Completing Treatment:**

1. Remove all product with a soft 4x4 gauze and cool water. Pat dry.
2. Apply pk Peel Neutralizing Spray, again to the treated area.
3. Rinse with cool water and pat dry.
4. Apply Vitamin C Reversal Serum and gently massage into skin in small circular movements.
5. Apply Circadia Post Peel Balm.
6. Finish by applying Light Day Sunscreen Broad Spectrum SPF-37.
7. Advise client on at-home care program and sun protection.

\* Lactic Peels can be repeated once a month.

\* Not self neutralizing, must be neutralized and removed

# Alpha-Beta Peel

## (30/10 & 40/15)

### Description:

Alpha-Beta Peel uses the perfect blend of acids to exfoliate without harshness, irritation or inflammation. A new technology in peeling, clients experience little to no stinging and should not experience flaking or peeling.

### Skin Type Indications:

Suitable for most skin types, ideal for combination, congestion, oily prone skin.

### Benefits:

- Exfoliation
- Antibacterial
- Improves the appearance of damaged skin
- Gel based peel with no downtime

### Feature Ingredients

**Lactic Acid** - Lactic acid causes an increase in dermal Glycosaminoglycans (GAGs-natural moisturizers), an increase in ceramides (epidermal barrier lipids) and improved water barrier properties. Lactic Acid functions as a tyrosinase inhibitor and removes surface proteins.

**Salicylic Acid** - Salicylic acid is lipophilic which enables it to penetrate sebaceous material in the hair follicle and exfoliate the pores. Salicylic acid has a much stronger comedolytic effect than AHAs on the skin.

### Contraindications:

Aspirin or Salicylic sensitivity, Hypersensitivity or anyone highly allergic, dry, dehydrated skin or compromised lipid barrier, Accutane within the past year, glycolic or salicylic acid within the past week, pregnant or nursing, herpetic breakout, open wounds or suspicious lesions, Retin-A or Renova within the past week

### Ingredients:

PEG-8, Lactic Acid, Salicylic Acid



Professional  
2 fl oz (59ml)

## **Client Preparation:**

A full client consultation is necessary before treatment. Have client complete and sign the peel consent form. Verbally repeat contraindications before proceeding with peel. Provide the client with hair and eye protection.

## **Application:**

### **Cleansing:**

1. Pre-cleanse with Vitamin Veil Cleanser, cleanse in circular motions, rinse thoroughly.
2. Cleanse with Lipid Replacing Cleanser, cleanse in circular motions, rinse thoroughly and pat skin dry.
3. Place a thin layer of vaseline on the lips and nasolabial junction with a cotton swab.
4. Take a minute to check the skin under the magnifying light, looking for any skin irregularities that might have been hidden by make-up during the initial evaluation.

### **Treatment:**

1. Dispense 3 ml of peel solution into portion cup.
2. Give client hand held fan to hold and direct at face.
3. Using a cotton 4x4 or fan brush carefully dip into solution. Press onto the side of the cup to remove excess. Apply one layer section-by-section beginning at the forehead, cheeks, nose, chin and ending with the upper lip.
4. Leave on for 5 to 20 minutes. Time will vary based on experience with this treatment's response, the client's skin or the current skin's condition.
5. Gently remove peel solution with a soft 4x4 gauze.
6. Keeping eyes covered, lightly mist face with 5 to 6 sprays of pK Peel Neutralizing Spray, making sure to completely cover the treated area.

### **Completing Treatment:**

1. Remove all product with a soft 4x4 gauze and cool water. Pat dry.
2. Apply pk Peel Neutralizing Spray, again to the treated area.
3. Rinse with cool water and pat dry.
4. Apply Vitamin C Reversal Serum and gently massage into skin in small circular movements.
5. Apply Circadia Post Peel Balm.
6. Finish by applying Light Day Sunscreen Broad Spectrum SPF-37.
7. Advise client on at-home care program and sun protection.

\* Alpha-Beta Peels can be repeated once a month.

\* Not self neutralizing, must be neutralized and removed



# DermaFrost Peel

## (12.5% & 25%)

### Description:

This peel has two strengths, 12.5% and 25%. This results-oriented beta hydroxyl peel will address all aspects of acneic skin. This quick procedure is designed to cut through oil, reduce bacteria and decrease inflammation for problematic skin resulting in a clear, oil free complexion.

### Skin Type Indications:

Sun damaged skin, Rough calloused skin, Acne vulgarize types I and II, Pigmentation abnormalities, Aging skin, fine wrinkles, Deep wrinkling and loss of elasticity.

\* DermaFrost 12.5% may be used by Fitzpatrick I-V.

\* DermaFrost 25% may only be used by Fitzpatrick I-III.

### Benefits:

- Clients can expect mild to heavy peeling
- Antibacterial, anti-inflammatory
- Improves the appearance of damaged skin
- Self neutralizing

### Feature Ingredients

**Salicylic Acid** - Salicylic acid is lipophilic which enables it to penetrate sebaceous material in the hair follicle and exfoliate the pores. Salicylic acid has a much stronger comedolytic effect than AHAs on the skin. Salicylic acid affects the arachidonic acid cascade, and has anti-inflammatory properties.

### Contraindications:

Asprin or Salicylic sensitivity, Hypersensitivity or anyone highly allergic, dry, dehydrated skin or compromised lipid barrier, Accutane within the past year, glycolic or salicylic acid within the past week, pregnant or nursing, herpetic breakout, open wounds or suspicious lesions, Retin-A or Renova within the past week

### Ingredients:

Alcohol Denat., Salicylic Acid, Methyl Salicylate, Menthol



Professional  
2 fl oz (59ml)

## Client Preparation:

A full client consultation is necessary before treatment. Have client complete and sign the peel consent form. Verbally repeat contraindications before proceeding with peel. Provide the client with hair and eye protection.

## Application:

### Cleansing:

1. Pre-cleanse with Vitamin Veil Cleanser, cleanse in circular motions, rinse thoroughly.
2. Cleanse with Lipid Replacing Cleanser, cleanse in circular motions, rinse thoroughly and pat skin dry.
3. Place a thin layer of vaseline on the lips and nasolabial junction with a cotton swab.
4. Take a minute to check the skin under the magnifying light, looking for any skin irregularities that might have been hidden by make-up during the initial evaluation.

### Treatment:

1. Dispense 3 ml of peel solution into a portion cup.
2. Give client the hand held fan to hold and direct at their face.
3. Using a cotton 4x4 or fan brush dip into solution. Press onto the side of the cup to remove excess. Apply an even layer beginning at the forehead, then proceeding to the cheeks, nose, chin and upper lip.
4. Client will feel a slight burning or warming sensation until the product completely frosts and dries. Wait until the product is thoroughly dry before checking for frosting. Check under woods lamp or magnifying lamp for signs of frost.
5. If no frosting is visible and client did not experience any burning sensation, a second layer may be applied. (Dermafrost 12.5% only. Never apply more than one layer of Dermafrost 25%). Always ask client first for tolerance level. Ask them to rate the burning sensation on a scale of 1 to 10 (10 being severe burning). Wait at least 5 minutes between layers. Do not exceed 2 layers.
6. Wait 7 minutes. When thoroughly dry, remove excess frosting with a DRY fan brush.
7. DO NOT perform extractions.

**NEVER APPLY WATER TO REMOVE THIS PEEL (IT WILL REACTIVATE THE ACID)**

### Completing Treatment:

1. Instruct client on home care program.
2. Reschedule client for follow up treatment.

### Post Care Precautions:

1. Do not cleanse skin for 12 hours after the peel.
2. Do not put face directly under hot shower.
3. Do not use Jacuzzis, steam rooms or saunas.
4. Do not participate in activities that would cause excessive sweating.
5. Do not use any scrubs or mechanical forms of exfoliation.
6. No scrubs, retinoic acids, AHA's, BHA's, or astringents until the skin has healed.
7. DO NOT PEEL OR PICK AT THE SKIN.

# Vitamin A Accelerator

## Description:

Vitamin A Accelerator is a multifunctional treatment booster designed to accelerate physical peeling from the inside out without creating damage to the skin.

## Skin Type Indications:

Suitable for all skin types- aging, dry, fine lines, brightening of post-inflammatory pigmentation, photo damaged

## Benefits:

- Increase cell turnover
- Increase collagen and elastin through fibroblast stimulation
- Use on Fitzpatrick I-VI as often as every 4-6 weeks
- Self neutralizing

## Feature Ingredients

**Retinol 2.5%** - Promotes cell turnover, increases collagen and elastin through fibroblast stimulation

## Contraindications:

Vitamin A sensitivity, hypersensitivity or anyone highly allergic, dry, dehydrated skin or compromised lipid barrier, Accutane within the past year, glycolic or salicylic acid within the past week, pregnant or nursing, herpetic breakout, open wounds or suspicious lesions, Retin-A or Renova within the past week

## Ingredients:

Alcohol Denat., Water (Aqua), Retinol, Acrylates/C10-30 Alkyl Acrylate, Crosspolymer, Aminomethyl propanol, Polysorbate 20.



Professional  
2 fl oz (59ml)

### **Client Preparation:**

A full client consultation is necessary before treatment. Have client complete and sign the peel consent form. Verbally repeat contraindications before proceeding with peel. Provide the client with hair and eye protection.

### **Application:**

#### **Cleansing:**

1. Pre-cleanse with Vitamin Veil Cleanser, cleanse in circular motions, rinse thoroughly.
2. Cleanse with Lipid Replacing Cleanser, cleanse in circular motions, rinse thoroughly and pat skin dry.
3. Place a thin layer of vaseline on the lips and nasolabial junction with a cotton swab.
4. Take a minute to check the skin under the magnifying light, looking for any skin irregularities that might have been hidden by make-up during the initial evaluation.

#### **Treatment:**

1. Dispense 1-3 ml of Vitamin A Accelerator into portion cup.
2. Apply an even layer to the skin with a 4x4 or fan brush.
3. Allow to dry for 3-5 minutes.
4. You may apply up to three layers of Vitamin A Accelerator Peel.

**NEVER APPLY WATER TO REMOVE THIS PEEL (IT WILL REACTIVATE THE ACID)**

#### **Completing Treatment:**

1. Instruct client on home care program.
2. Reschedule client for follow up treatment.

#### **Post Care Precautions:**

1. Do not cleanse skin for 12 hours after the peel.
2. Do not put face directly under hot shower.
3. Do not use Jacuzzis, steam rooms or saunas.
4. Do not participate in activities that would cause excessive sweating.
5. Do not use any scrubs or mechanical forms of exfoliation.
6. No scrubs, retinoic acids, AHA's, BHA's, or astringents until the skin has healed.
7. DO NOT PEEL OR PICK AT THE SKIN.



# MandeliClear Peel

## Description:

The MandeliClear Peel System is a deeper peel that was developed specifically for treating pigmentation issues associated with skin of color.

## Skin Type Indications:

Brightening of post-inflammatory pigmentation due to: acne, melasma or photodamage, mild acne scarring.

## Benefits:

- Brighten pigmentation due to acne, melasma, or photo damaged skin.
- Increase cell turnover
- Can be used on Fitzpatrick I-V as often as every 2-3 months
- Self neutralizing

## Feature Ingredients

**7% Lactic Acid** - Alpha hydroxy acid stimulates Glycosaminoglycans and functions as a tyrosinase inhibitor, Keratolytic

**7% Salicylic Acid** - Salicylic acid is lipophilic which enables it to penetrate sebaceous material in the hair follicle and exfoliate the pores.

**7% Resorcinol** - Resorcinol will increase the amount of peeling experienced after a peel.

**9% Mandelic Acid** - Antibacterial, brightening

## Contraindications:

Aspirin or Salicylic sensitivity, hypersensitivity or anyone highly allergic, dry, dehydrated skin or compromised lipid barrier, Accutane within the past year, glycolic or salicylic acid within the past week, pregnant or nursing, herpetic breakout, open wounds or suspicious lesions, Retin-A or Renova within the past week

## Ingredients:

Alcohol Denat., Lactic Acid, Resorcinol, Salicylic Acid, Mandelic Acid, Saponins, Panthenol.



Professional  
2 fl oz (59ml)

### **Client Preparation:**

A full client consultation is necessary before treatment. Have client complete and sign the peel consent form. Verbally repeat contraindications before proceeding with peel. Provide the client with hair and eye protection.

### **Application:**

#### **Cleansing:**

1. Pre-cleanse with Vitamin Veil Cleanser, cleanse in circular motions, rinse thoroughly.
2. Cleanse with Lipid Replacing Cleanser, cleanse in circular motions, rinse thoroughly and pat skin dry.
3. Place a thin layer of vaseline on the lips and nasolabial junction with a cotton swab.
4. Take a minute to check the skin under the magnifying light, looking for any skin irregularities that might have been hidden by make-up during the initial evaluation.

#### **Treatment:**

1. Dispense 1-3 ml of MandeliClear Peel Solution into portion cup.
2. Apply an even layer to the skin with a 4x4 or fan brush.
3. Allow to dry for 3-5 minutes.
4. You may apply up to three layers of MandeliClear Peel.

**NEVER APPLY WATER TO REMOVE THIS PEEL (IT WILL REACTIVATE THE ACID)**

#### **Completing Treatment:**

1. Instruct client on home care program.
2. Reschedule client for follow up treatment.

#### **Post Care Precautions:**

1. Do not cleanse skin for 12 hours after the peel.
2. Do not put face directly under hot shower.
3. Do not use Jacuzzis, steam rooms or saunas.
4. Do not participate in activities that would cause excessive sweating.
5. Do not use any scrubs or mechanical forms of exfoliation.
6. No scrubs, retinoic acids, AHA's, BHA's, or astringents until the skin has healed.
7. DO NOT PEEL OR PICK AT THE SKIN.

# MandeliClear with Vitamin A Accelerator



## Contraindications:

Aspirin or Salicylic sensitivity, Hypersensitivity or anyone highly allergic, dry, dehydrated skin or compromised lipid barrier, Accutane within the past year, glycolic or salicylic acid within the past week, pregnant or nursing, herpetic breakout, open wounds or suspicious lesions, Retin-A or Renova within the past week.

## Client Preparation:

If client is a Fitzpatrick 4 or above, they must pretreat for 2 weeks prior to treatment. A full client consultation is necessary before treatment. Have client complete and sign the peel consent form. Verbally repeat contraindications before proceeding with peel. Provide the client with hair and eye protection.

## Application:

### Cleansing:

1. Pre-cleanse with Vitamin Veil Cleanser, cleanse in circular motions, rinse thoroughly.
2. Cleanse with Lipid Replacing Cleanser, cleanse in circular motions, rinse thoroughly, pat skin dry.
3. Place a thin layer of vaseline on the lips and nasolabial junction with a cotton swab.
4. Take a minute to check the skin under the magnifying light, looking for any skin irregularities that might have been hidden by make-up during the initial evaluation.

### Treatment:

1. Dispense 1-3ml of peel solution into a portion cup.
2. Apply a single layer to the surface of the skin with a 4x4 or fan brush. Mild frosting may be noticeable.
3. Allow to dry for 3-5 minutes.
4. You may apply up to three layers of MandeliClear Peel. Never apply more than three layers and never apply another MandeliClear Peel application after Vitamin A Accelerator has been applied.
5. Dispense 1-3 ml of Vitamin A Accelerator into portion cup.
6. Apply an even layer to the skin with a 4x4 or fan brush.
7. Allow to dry for 3-5 minutes.
8. You may apply up to three layers of Vitamin A Accelerator Peel. Never apply more than three layers and never apply another MandeliClear Peel application after Vitamin A Accelerator has been applied.

**NEVER APPLY WATER TO REMOVE THIS PEEL (IT WILL REACTIVATE THE ACID)**

### Completing Treatment:

1. Instruct client on home care program.
2. Reschedule client for follow up treatment.

### Post Care Precautions:

1. Do not cleanse skin for 12 hours after the peel.
2. Do not put face directly under hot shower.
3. Do not use Jacuzzis, steam rooms or saunas.
4. Do not participate in activities that would cause excessive sweating.
5. Do not use any scrubs or mechanical forms of exfoliation.
6. No scrubs, retinoic acids, AHA's, BHA's, or astringents until the skin has healed.
7. DO NOT PEEL OR PICK AT THE SKIN.

# Jessner Peel

## Description:

Circadia's Jessner's Peel is a combination of 14% Resorcinol, 14% Lactic and 14% Salicylic Acid. Since resorcinol is a peeling agent, the client will experience noticeable peeling or flaking approximately 3 to 4 days after the peel.

## Skin Type Indications:

Pigmentation, acne, sun damage, lentigines, hyperpigmentation, Fitzpatrick I-III. Can be repeated every 2-3 months.

## Benefits:

- Brighten pigmentation due to acne, melasma, or photo damaged skin.
- Increase cell turnover
- Self neutralizing

## Feature Ingredients

**14% Lactic Acid** - Alpha hydroxy acid stimulates Glycosaminoglycans (GAGS-Natural Moisturizers) and functions as a tyrosinase inhibitor, Keratolytic

**14% Salicylic Acid** - Salicylic acid is lipophilic which enables it to penetrate sebaceous material in the hair follicle and exfoliate the pores.

**14% Resorcinol** - Resorcinol will increase the amount of peeling experienced after a peel.

## Contraindications:

Allergies to resorcinol, Retin A or Renova within the past 4 weeks, allergies to aspirin or salicylates, laser resurfacing surgery within the past 6 months, dry, dehydrated skin or compromised lipid barrier, Accutane within the past year, pregnant or nursing, glycolic or salicylic acid within the past week, herpetic breakout.

- Discontinue the use of Retinols 7 days prior to peel
- Not suitable for any skin type Fitzpatrick 3 or above

## Ingredients:

Alcohol Denat., Lactic Acid, Resorcinol, Salicylic Acid.

## Client Preparation:

A full client consultation is necessary before treatment. Have client complete and sign the peel consent form. Verbally repeat contraindications before proceeding with peel. Provide the client with hair and eye protection.



Professional  
2 fl oz (59ml)



## Application:

### Cleansing:

1. Pre-cleanse with Vitamin Veil Cleanser, cleanse in circular motions, rinse thoroughly.
2. Cleanse with Lipid Replacing Cleanser, cleanse in circular motions, rinse thoroughly and pat skin dry.
3. Place a thin layer of vaseline on the lips and nasolabial junction with a cotton swab.
4. Take a minute to check the skin under the magnifying light, looking for any skin irregularities that might have been hidden by make-up during the initial evaluation.

### Treatment:

1. Dispense 3 ml of peel solution into a portion cup.
2. Give client hand held fan to hold and direct at face.
3. Using a cotton 4x4 or brush carefully dip into solution pressing onto the side of the cup to remove excess. Apply one layer section-by-section beginning at the forehead, cheeks, nose, and finishing with jaw line lightly feathering down onto the neck. Do not allow product to "pool" in folds of the skin. This is a sign of too much peel solution.
4. Let the peel dry on the skin for approximately 7 to 10 minutes between layers, **starting with just one layer for the initial peel.**
5. **Always use the 1 to 10 scale with the client. Ask the client how it feels on a scale of 1 to 10, ten being an intolerable burning sensation. NOTE: If client reports a 7 or higher do not apply any additional layers.**
6. When a mild frost is seen it can be brushed off with a cotton wipe or fan brush. Frosting in the Jessner's is the result of 1. re-crystallization of acid, and/or 2. the breaking down and coagulation of proteins, which may have a different appearance. Both types are normal and to be expected. You can apply up to three layers but, **NEVER more than three.**
7. The Jessner's peel is in a ethanol base and is **self-neutralizing\***, meaning it is applied in one or more layers and allowed to dry. **DO NOT attempt to apply any additional products to treated area.**

**NEVER APPLY WATER TO REMOVE THIS PEEL (IT WILL REACTIVATE THE ACID)**

### Completing Treatment:

1. Instruct client on home care program.
2. Reschedule client for follow up treatment.

### Post Care Precautions:

1. Do not cleanse skin for 12 hours after the peel.
2. Do not put face directly under hot shower.
3. Do not use Jacuzzis, steam rooms or saunas.
4. Do not participate in activities that would cause excessive sweating.
5. Do not use any scrubs or mechanical forms of exfoliation.
6. No scrubs, retinoic acids, AHA's, BHA's, or astringents until the skin has healed.
7. DO NOT PEEL OR PICK AT THE SKIN.

# Post Peel Home Care Kit

## Description:

This post peel kit is designed to protect the skin through the peeling process and accelerate wound healing.

## Skin Type Indications:

Post Peel, Post Laser, Compromised

## Benefits:

- Reduces discomfort
- Protects skin
- Supports healthy skin

## Feature Products

**Vitamin Veil Cleanser** - A unique soybean oil-based, non-foaming cleanser that gently removes makeup, dirt and impurities while leaving behind an invisible veil of antioxidants.

**Vitamin C Reversal Serum** - This age defying essential product contains the most stable and active form of Vitamin C to increase the firm look of skin and neutralize free radicals. This serum also contains hyaluronic acid and Vitamin B5 to hydrate and smooth.

**Post Peel Balm** - This soothing balm is excellent for use after peels to calm and comfort skin. Contains a skin identical lipid complex that increases water-holding capacity and provides a semi-occlusive and protective barrier.

**Light Day Sunscreen Broad Spectrum SPF 37** - Our environment requires daily protection with new levels of performance. Award winning photo stabilizer Solastay® S1 reduces sensitivity issues often associated with UV absorbers. New age antioxidants Lipochroman-6 (TM) and Preventhelia (TM) prevent damage to DNA proteins caused by UV exposure. This light lotion contains grape stem cell culture extract to enhance photo protection and delay cell senescence.

## Directions:

1. After 12 hours cleanse with the Vitamin Veil Cleanser, applying to fingertips and lightly cleanse in a circular motion over face and neck. DO NOT USE A CLOTH. Rinse with cool water and pat dry.
2. Apply 2 drops of Vitamin C Reversal Serum, allow to dry.
3. Apply Post Peel Balm to entire treated area.
4. Avoid direct sunlight for the duration of the peel. Apply Light Day Sunscreen Broad Spectrum SPF-37. SUN PROTECTION AT ALL TIMES IS VERY IMPORTANT.
5. Continue normal home regimen after peeling is completed. The use of retinols can resume 14 days after the peel.



Products last about 5-7 days post peel

# Oxygen Rx Treatment

## Description:

A controlled amount of oxygen is generated at optimal levels on the skin to provide maximum benefits and help to replace the ruddy-look associated with acne, rosacea and telangiectasia, with brighter skin. This treatment is extremely nourishing and beneficial for all skin types.

## Skin Type Indications:

All skin types

## Benefits:

- Germicidal action is excellent for killing P. acnes
- Breaks protein bonds that hold corneocytes together
- Bleaching by oxidation, lightens and brightens the skin
- Reduces the appearance of rosacea and telangiectasia
- Effectively increases nutrient transport to the skin

## Feature Ingredients

**Magnesium Peroxide powder** - Source of peroxide for catalase to convert to oxygen

**Catalase** - Enzyme that converts peroxides to oxygen and water

**Sodium Bicarbonate Solution** - Stops Catalase activity by raising the pH

**Citric Acid Solution** - Lowers the pH following the Sodium Bicarbonate Solution to reset the skin's pH to a more normal level

## Contraindications:

Allergy to citric acid of any kind - oranges, lemons, grapefruit, etc.

## Ingredients:

**Oxygen Gel Base:** Aqua/Water, Hydroxyethyl Cellulose, Hexylene Glycol, Caprylyl Glycol, Phenoxyethanol, Citric Acid, Tetrasodium EDTA

**Oxygen Rx Powder:** Magnesium Peroxide, Citric Acid, Xanthan Gum.

**Enzyme Activator Spray:** Aqua/Water, Ethylbisiminomethylguaicol Manganese Chloride, Hexylene Glycol, Caprylyl Glycol, Phenoxyethanol.

**pH Equalizer Spray:** Aqua/Water, Sodium Bicarbonate, Caprylyl Glycol, Phenoxyethanol, Hexylene Glycol, Aroma/Flavor.

**Citric:** Aqua/Water, Citric Acid, Caprylyl Glycol, 1,2-Hexanediol.



Professional kit - 12 treatments

## **Client Preparation:**

Have client read and sign consent form. Verbally go over contraindications with the client. Ask any client wearing contact lenses to remove them. Provide client with hair protection. DO NOT mix the powder and gel base until you are ready to proceed.

## **Application:**

### **Cleansing:**

1. Pre-cleanse with Vitamin Veil Cleanser, cleanse in circular motions, rinse thoroughly.
2. Cleanse with Lipid Replacing Cleanser, cleanse in circular motions, rinse thoroughly and pat skin dry.
3. Apply eye protection

### **Exfoliate (optional):**

1. Follow the Enzyme protocol using Cocoa Enzyme every two weeks. The Oxygen Rx Treatment can be performed without the enzyme as often as once a week.

## **Completing Treatment:**

1. Empty Oxygen Rx Powder 1b & Oxygen Gel Base 1a into portion cup.
2. Stir carefully and quickly until all powder is dissolved. The mixture will become white and foamy.
3. Begin to immediately apply mixture to the face in one even layer beginning at neck, applying evenly, completing at the forehead area. Avoid eye area and never apply to upper eye area.
4. Apply gloves. Lightly massage for 2 minutes.
5. DO NOT REMOVE PRODUCT. Using 3 to 5 sprays, 8"-10" from face, spray Enzyme Activator (labeled Step 2) on top of first step layer.
6. Lightly massage in small circular movements for 2 minutes.
7. Spray area with pH Equalizer (labeled Step 3).
8. Lightly massage for 1 minute.
9. Remove excess product with spatula.
10. Once more, spray area with pH Equalizer (labeled Step 3).
11. Lightly massage for 1 additional minute.
12. Remove all product using a cool moist towel.
13. Finish by spraying area with Citric Spray (labeled Step 4).
14. Pat dry. Remove gloves.
15. Complete by applying Vitamin C Reversal Serum, Post Peel Balm and Light Day Sunscreen Broad Spectrum-37.



# SWiCH Dermal Rejuvenation System

## Description:

SWiCH, Circadia's signature treatment, is a unique alternative to chemical peels that takes advantage of the skin's natural repair mechanism without causing damage. This treatment imparts an immediate boost to the look and feel of aging skin.



## Skin Type Indications:

Aging, Mature, Hyperpigmentation, clients over the age of 37

Professional kit - 10 treatments

## Benefits:

- Activates the body's natural repair and renewal system
- Initiates increased cell-to-cell communication
- Promotes healing and immune defense
- Supports increased energy production in dermal and epidermal cells
- Brightens skin and reduces pigmentation
- Safe and gentle
- Little downtime following treatment

## Feature Ingredients

**Pyruvic Acid** - Pyruvic acid is a biomolecule that is used to make energy in the mitochondria of cells. Additionally, it protects against oxidative stress and accelerates wound healing.

**Succinic Acid** - When combined with pyruvic acid, succinic acid increases the energy level of cells and promotes the formation of new collagen and new cells. Together succinic acid and pyruvic acid are active in wound healing and tissue restoration.

**Algae Extract, Glycoproteins, Glutamic Acid, Valine, and Threonine** - Fraction V is a mitochondrial-energizing lotion that is formulated with Algae extract and purified cytosolic and mitochondrial yeast extracts to accelerate healing and cell renewal. See Fraction V technical sheet for more details.

## Ingredients:

**SWiCH Hydrating Cleanser:** Aqua/Water, Cocamidopropyl Betaine, Microcrystalline Cellulose, Sodium Lauryl Sulfoacetate, Sodium Methyl 2-Sulfolaurate, Acrylates Copolymer, Panthenol, Allantoin, Sodium Chloride, Caprylyl Glycol, Disodium 2-Sulfolaurate, Phenoxyethanol, Hexylene Glycol, Polysorbate 20, Parfum/Fragrance, Aminomethyl Propanol

**SWiCH EpiPrep Lotion:** Propandiol, Aqua/Water, Urea, C12-15 Alkyl Benzoate, Ethoxydiglycol, Glyceryl Stearate, PEG-100 Stearate, Phenoxyethanol, Polyacrylamide, C13-14 Isopara\_n, Laureth-7, Citric Acid.

**Cellular SWiCH :** Alcohol Denat., Aqua/Water, Benzyl Alcohol, Succinic Acid, Pyruvic Acid, Polysorbate 80, Phenoxyethanol, C11-15 Pareth-9, Menthol.

### **Contraindications:**

Allergy to aspirin, allergy to citric acid of any kind including oranges, lemons, grapefruit, etc., anyone who says they are highly allergic, pregnant or trying to become pregnant, Accutane within past year, currently using antibiotics, using glycolic, Retin-A or Renova in the last 4 weeks, laser herpetic breakout, broken or inflamed skin, peel within 8 weeks

### **Client Preparation:**

Have client read and sign consent form. Verbally go over contraindications with the client. Ask any client wearing contact lenses to remove them. Provide client with hair protection.

### **Application:**

#### **Cleansing:**

1. Remove eye makeup with the Vitamin Veil Cleanser and rinse thoroughly.
2. Shake Hydrating Cleanser well. Place a small amount onto fingertips and apply to face and neck. With light pressure and circular movements gently cleanse, adding water as needed. Rinse thoroughly.

#### **Prep:**

1. Apply an even layer of EpiPrep on face and neck. Avoid immediate eye area and NEVER apply to upper eyelid.
2. Product should remain on the skin for 20 minutes for the client's first treatment, 25 minutes for the second and 30 minutes for all subsequent treatments. Treatment time should NEVER exceed 30 minutes.
3. Thoroughly remove all EpiPREP with damp room temperature towels. DO NOT USE HOT TOWELS!
4. Cleanse again with Hydrating Cleanser, removing all traces of EpiPREP. Rinse thoroughly and pat dry.

### **SWiCH Solution:**

1. With a pipette, dispense 3ml of the SWiCH™ solution into a portion cup.
2. Using a fan brush, dip end into solution pressing off excess against side of cup. Carefully apply one even coat to face and neck. DO NOT go over an area more than once.
3. Time for 30 minutes.
4. DO NOT remove SWiCH solution as this is a "leave on" step.
5. Apply Fraction V evenly over treated area.

### **Completing Treatment:**

1. Complete and detach SWiCH™ "At Home Care instructions."
2. Thoroughly review "At Home Care instructions" with client and provide client with the 3-day supply of Vitamin Veil Cleanser and the Fraction V solution.
3. Schedule a follow up visit for a Raspberry Enzyme treatment in 14 days.
4. Schedule next SWiCH treatment in 4 weeks.

# SWiCH Fraction V

## Description:

This bright yellow creamy lotion is specifically formulated for use after SWiCH™ Dermal Rejuvenation treatments. It promotes mitochondrial activity, healing and softer skin upon application.

## Skin Type Indications:

Following SWiCH™ Rejuvenation treatment

## Benefits:

- Novel antioxidants protect from environmental and UV damage
- Stem cell extract provides moisturization and cell healing phytochemicals
- Purified botanicals and yeast extract enhance mitochondrial function for more energized skin



SWiCH Post Care 0.5oz

## Feature Ingredients

**EUK-134** - Mimetic of superoxide dismutase and catalase enzymes; scavenges super-oxide, eliminates hydrogen peroxide, transforms reactive oxygen species to water and oxygen, reduces free radical lipid and DNA damage in the skin

**Pepha-ctive (Microalgae extract)** - Protects and stimulates mitochondria by increasing ATP levels

**Revitalin PF (Purified mitochondrial and cyto- plasmic fraction from yeast)** - Stimulates cell respiratory activity and cell turnover, revitalizes metabolism, strengthens the skin's self protection mechanism

**Oat Beta Glucan** - Immune stimulant, activates natural repair system

**Panthenol (provitamin B5)** - Regenerative, soothing

**Lipochroman 6 (Dimethylmethoxy chromanol)** - Scavenger of reactive oxygen and reactive nitrogen species that protect cells from damage, premature aging and cellular machinery from degradation

**L-Taurine** - Prevents scarring

**Tocopherol (Vitamin E)** - A very powerful fat-soluble antioxidant that protects cellular membranes from free radicals

**Alpha-Bisabolol** - Anti-inflammatory, anti-irritant, anti-bacterial, non-allergic

**Allantoin** - Soothing, anti-irritant

**Distinctive Phytostem Gardenia stem cell extract (Gardenia jasminoides meristem cell culture)** - Rich in moisturizing phytosterols and polysaccharides, along with antioxidative phenylpropanoids (e.g. feruloyl-6-glucoside), protects the skin's extra-cellular matrix from degradation by MMPs and stimulates collagen production

## Directions :

Morning: Do not cleanse. Splash face with warm water, towel dry and apply Fraction V. Mid-day: apply Fraction V. Evening: cleanse with Vitamin Veil Cleanser, towel dry and apply Fraction V.

## Ingredients:

Aqua/Water, PPG-15 Stearyl Ether, Glycerin, Bis-PEG/PPG-16/16 PEG/PPG-16/16 Dimethicone, Polysorbate 20, Squalane, Taurine, Carbomer, Allantoin, Panthenol, Tocopheryl Acetate, Caprylic/Capric Triglyceride, Hydroxyethylpiperazine Ethane Sulfonic Acid, Glutamic Acid, Glycoproteins, Bisabolol, Gardenia Jasminoides Meristem Cell Culture, Algae Extract, Threonine, Valine, Dimethylmethoxy Chromanol, Ethylbisiminomethyl-guaiacol Manganese Chloride, Beta-Glucan, Avena Sativa (Oat) Kernel Extract, Tetrasodium EDTA, Sodium Metabisulfite, Xanthan Gum, Sodium Benzoate, Potassium Sorbate, Phenoxyethanol, Ethylhexylglycerin, 1,2-Hexanediol, Caprylyl Glycol.

# Rosacea Serum

## Description:

Helps calm the redness and irritation associated with rosacea, while aiding in controlling the demodex mite, thought to contribute to rosacea.

## Skin Type Indications:

Red, irritated skin or individuals diagnosed with rosacea.

## Benefits:

- Calming
- Antimicrobial
- Anti-inflammatory

## Feature Ingredients

**Rosemary** - Antimicrobial, anti-inflammatory

**Cinnamon Oil** - Demodex Folliculorum (skin mite) repellent



Professional - 2 dram

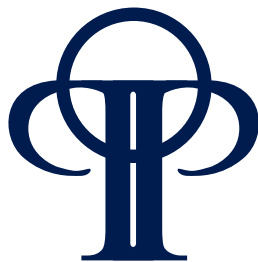
## Directions:

Dampen a cotton swab with the Rosacea Serum and apply to affected areas. Very effective when applied after the Oxygen treatment.

## Ingredients:

Ethyl Lactate, Rosmarinus Chinensis Oil, Gaultheria Procumbens (Wintergreen) Leaf Oil, Phenethyl Propionate, Cinnamomum Zeylanicum Leaf Oil, Thymus Zygis Oil.





C I R C A D I A®

**CONFIDENTIAL SKIN HEALTH QUESTIONNAIRE**

**PLEASE PRINT**

Today's Date \_\_\_\_\_

First Name \_\_\_\_\_ Last Name \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Street \_\_\_\_\_ Apt. # \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone – Home (     ) \_\_\_\_\_ Work (     ) \_\_\_\_\_ Mobile (     ) \_\_\_\_\_

Dermatologist/physician \_\_\_\_\_ Phone (     ) \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone (     ) \_\_\_\_\_

Your occupation \_\_\_\_\_ E-Mail \_\_\_\_\_

Referred by    ☐ Friend    ☐ Mailer    ☐ Walk-by    ☐ E-mail    ☐ Gift Certificate    ☐ Other \_\_\_\_\_

Skin Care Professional Name: \_\_\_\_\_

1. What is the reason for your visit today? \_\_\_\_\_

2. What special areas of concern do you have? \_\_\_\_\_

**EXPECTATIONS and HISTORY**

3. Which conditions would you like to improve?

- |  |  |
|--|--|
| <input type="checkbox"/> Acne scarring         | <input type="checkbox"/> Hyperpigmentation     |
| <input type="checkbox"/> Acne                  | <input type="checkbox"/> Broken capillaries    |
| <input type="checkbox"/> Age spots             | <input type="checkbox"/> Stretch Marks         |
| <input type="checkbox"/> Enlarged Pores        | <input type="checkbox"/> Surgical/facial scars |
| <input type="checkbox"/> Fine lines & wrinkles | <input type="checkbox"/> Other _____           |

4. Have you ever had facial treatment in the past?    ☐ Yes    ☐ No

5. What was your experience? \_\_\_\_\_

6. How would you describe your skin?

☐ Normal    ☐ Dry    ☐ Oily    ☐ Combination    ☐ Sensitive    ☐ Sun Damaged

7. How would you rate your skin? (Circle one)

- I Always burns, never tans
- II Always burns easily, tans slightly
- III Burns moderately – tans gradually
- IV Seldom burn – Always tans well
- V Rarely burns – Deep tan
- VI Never burns – Deeply pigmented

8. Do you ever experience ☐ Flakiness? ☐ Tightness?  
☐ Redness? ☐ Excessive oily shine during day?

9. What is your present skin regimen?

- ☐ Soap & water only ☐ Cleanser ☐ Toner ☐ Masque  
☐ Moisturizer ☐ Exfoliation ☐ Sun Block every day  
 Other \_\_\_\_\_

10. Are you ever exposed to chemicals, oils, or other caustic substances that may aggravate your skin?

- ☐ Yes ☐ No

If yes, what are they? \_\_\_\_\_

11. Do you blush easily? ☐ Yes ☐ No

If yes, what are the contributing factors?

- ☐ Emotions ☐ Foods ☐ Temperature changes ☐ Other \_\_\_\_\_

12. Do you ☐ Sun bathe? ☐ Use a tanning bed? How often? \_\_\_\_\_

13. Have you ever had ☐ Peels? ☐ Microdermabrasion ☐ Facial surgery  
☐ Cosmetic Surgery ☐ Botox ☐ Collagen Injections ☐ Laser resurfacing  
 How recently? \_\_\_\_\_

14. Are you under treatment for any current skin condition? ☐ Yes ☐ No

If yes, what? \_\_\_\_\_

15. Does your skin heal ☐ Fast? ☐ Scars? ☐ Pigments?

16. Do you bruise easily? ☐ Yes ☐ No

17. Do you get sores/blisters (Herpes Zoster/Shingles)? ☐ Yes ☐ No

18. What medications/hormone replacement/vitamins do you presently take?

19. Have you ever used ☐ Accutane® ☐ Retin-A® ☐ Renova®  
☐ Topical Antibiotics ☐ Differin ☐ Tazarac ☐ Hydroquinone ☐ Alpha Hydroxy Acids?

If yes, when and for how long? \_\_\_\_\_

20. Any personal or family history of skin cancer? ☐ Yes ☐ No

Provide detail \_\_\_\_\_

21. How would you describe your overall health?

- ☐ Excellent ☐ Good ☐ Fair ☐ Poor

22. Have you had any of the following, past or present?

Acne	<input type="checkbox"/> Yes	<input type="checkbox"/> No	When _____
Allergies	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Arthritis or Bursitis	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Blood Pressure	<input type="checkbox"/> High	<input type="checkbox"/> Low	<input type="checkbox"/> Normal
Breast Implant	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Cancer	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Cataracts	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Cholesterol	<input type="checkbox"/> High	<input type="checkbox"/> Low	<input type="checkbox"/> Normal
Claustrophobic	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Diabetes	<input type="checkbox"/> Yes	<input type="checkbox"/> No	

Diarrhea/constipation	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Eczema	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Where _____
Epilepsy	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Hay Fever	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Headaches	<input type="checkbox"/> Yes	<input type="checkbox"/> No	How often _____
Heart Disease/Conditions	<input type="checkbox"/> Yes	<input type="checkbox"/> No	What _____
Hepatitis	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
HIV/AIDS	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Infections	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Lupus	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Menopausal	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Metal Implants	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Pace Maker	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Phlebitis	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Serious Injury	<input type="checkbox"/> Yes	<input type="checkbox"/> No	What _____
Sleep problems	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Thyroid	<input type="checkbox"/> High	<input type="checkbox"/> Low	<input type="checkbox"/> Normal
Varicose Veins	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Do you smoke?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Do you wear contact lenses?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	

23. Have you ever had a reaction to ☐ Cosmetics ☐ Metals ☐ Medication ☐ Food

☐ Fragrance ☐ Airborne particles? ☐ Other Explain \_\_\_\_\_

24. **FOR WOMEN:** Oral contraceptives? ☐ Yes ☐ No

Are you pregnant or trying to get pregnant? ☐ Yes ☐ No

Are you taking hormone replacement? ☐ Yes ☐ No

Do you experience hormone imbalances? ☐ Yes ☐ No

25. **FOR MEN:** Do you shave with ☐ Electric shaver? ☐ Razor?

Do you experience skin breakouts? ☐ Yes ☐ No

Do you have ingrown hair? ☐ Yes ☐ No

#### LIFESTYLE & DIET

1. Is your stress level ☐ High ☐ Medium ☐ Low

2. Do you normally sleep well? ☐ Yes ☐ No

3. Do you regularly exercise? ☐ Yes ☐ No

4. Do you have food intolerances? ☐ Yes ☐ No What? \_\_\_\_\_

5. Do you follow any special diet? ☐ Yes ☐ No

6. How many glasses of water do you consume daily? \_\_\_\_\_

7. How many cups of caffeine-type beverage (coffee, tea, soft drinks) do you consume daily?  
☐ 1-3 cups ☐ 4 or more

8. In our treatment program, it may be necessary to recommend alterations to or additions in your home care regimen; would that be OK with you? ☐ Yes ☐ No

Your practitioner will recommend the appropriate schedule for future facial treatments or physician referral in order to achieve your skin improvement goals.

#### INFORMED CONSENT RELEASE

I \_\_\_\_\_, do fully understand all the questions above and have answered them all correctly and honestly. I understand that the services offered are not a substitute for medical care. I understand that the skin care professional will completely inform me of what to expect in the course of treatment and will recommend adjustments to my regimen if deemed necessary. I also am aware that individual results are dependent upon my age, skin condition, and lifestyle. I agree to actively participate in following appointment schedules and home care procedures to the best of my ability, so that I may

obtain maximum effectiveness. In the event that I may have additional questions or concerns regarding my treatment or suggested home product routine, I will inform my skin care professional immediately.

I release and hold harmless the skin care professional [insert your name], [insert business name], and the staff harmless from any liability for adverse reactions that may result from this treatment.

**POLICIES**

1. We require 48-hours notice for cancellations. Cancellation for Monday must be phoned in on the Friday before.
2. If you are not satisfied with your service or products, please contact your skin care professional within 24-hours after your appointment so that the situation may be corrected. It is our policy to provide you with the best professional service and products customized for your skin condition.

I have read and understood all of the foregoing information \_\_\_\_\_ Date \_\_\_\_\_  
Client Signature





## SKIN ASSESSMENT FORM

First Name \_\_\_\_\_ Last Name \_\_\_\_\_ Date \_\_\_\_\_

Performed by \_\_\_\_\_

### PERIPHERAL VASCULAR SYSTEM & ITS DISORDERS

- ☐ Normal
- ☐ Erythrosis (permanent redness) \_\_\_\_\_
- ☐ Couperose (diffuse redness) \_\_\_\_\_
- ☐ Cyanosis (dark blue) \_\_\_\_\_
- ☐ Rhinophyma (bulbous nose) \_\_\_\_\_
- ☐ Erythema (Intermittent redness) \_\_\_\_\_
- ☐ Telangiectasia (distended capillaries) \_\_\_\_\_
- ☐ Angioma (naevus vascularis) \_\_\_\_\_
- ☐ Spider Angioma \_\_\_\_\_
- ☐ Telangiectatic wart \_\_\_\_\_

### LIPID SYSTEM AND ITS DISORDERS

- ☐ Normal secretions: Region(s) \_\_\_\_\_
- ☐ Excess secretions: Region(s) \_\_\_\_\_
- ☐ Very little secretion: Region(s) \_\_\_\_\_
- ☐ Seborrheic (oily) \_\_\_\_\_
- ☐ Asphyxiated \_\_\_\_\_

### ACNE

- ☐ Many comedones \_\_\_\_\_
- ☐ Macula - Region(s) \_\_\_\_\_
- ☐ Nodules - Region(s) \_\_\_\_\_
- ☐ Pustule - Region(s) \_\_\_\_\_
- ☐ Papule-pustules - Region(s) \_\_\_\_\_
- ☐ Vesicula - Region(s) \_\_\_\_\_

### ERUPTION PATTERN

- ☐ Few    ☐ Many    ☐ Intermittent    ☐ Permanent

Acne Grade

Grade 1: \_\_\_\_\_

Grade 2: \_\_\_\_\_

Grade 3: \_\_\_\_\_

Grade 4: \_\_\_\_\_

Medically treated?    ☐ Yes    ☐ No

### FATTY INCLUSIONS

- ☐ None
- ☐ Milia
- ☐ Closed comedones
- ☐ Seborrheic hyperplasia
- ☐ Micro sebaceous cyst
- ☐ Open comedones
- ☐ Escar (scabies)
- ☐ Xanthoma

### SKIN HYDRATION

- ☐ Normal hydration
- ☐ Deep dehydration
- ☐ Ridules - Regions \_\_\_\_\_
- ☐ Wrinkles - Regions \_\_\_\_\_
- ☐ Furrows - Regions \_\_\_\_\_
- ☐ Superficial dehydration

### SKIN SENSITIVITY

- ☐ Normal
- ☐ Reactive
- ☐ Hyper-reactive
- ☐ Intolerant to \_\_\_\_\_
- ☐ Burning sensation
- ☐ Pruritus (itching)
- ☐ To Pressure

### KERATINIZATION

- ☐ Normal
- ☐ Hyperkeratinization
- ☐ Hypokeratinization
- ☐ Eczema
- ☐ Ichthyosis
- ☐ Squama
- ☐ Furfur (flaky scales)
- ☐ Pityriasis simplex
- ☐ Psoriasis
- ☐ Keratosis senilis

### GRAIN OF SKIN

#### SKIN TEXTURE

- ☐ Very fine
- ☐ Slightly visible ostium
- ☐ Obvious visible ostium
- ☐ Enlarged ostium
- ☐ Smooth
- ☐ Rough
- ☐ Granular

### SKIN TONE

- ☐ Firm
- ☐ Mild lack of tone
- ☐ Severe lack of tone

## COMPLEXION & PIGMENTATION DISORDERS

- |   |  |
|---|--|
| <input type="checkbox"/> Milky          | <input type="checkbox"/> Melanocytic nevus (birthmark) |
| <input type="checkbox"/> Fair           | <input type="checkbox"/> Senile lentigo                |
| <input type="checkbox"/> Reddish        | <input type="checkbox"/> Dark circles (eyes)           |
| <input type="checkbox"/> Pinkish        | <input type="checkbox"/> Chloasma                      |
| <input type="checkbox"/> Slightly amber | <input type="checkbox"/> Macula solaris, freckles      |
| <input type="checkbox"/> Yellowish      | <input type="checkbox"/> Vitiligo                      |
| <input type="checkbox"/> Black          | <input type="checkbox"/> Other _____                   |
| <input type="checkbox"/> Olive          | <input type="checkbox"/> Other _____                   |

## SKIN DISORDERS

- |  |  |
|--|--|
| <input type="checkbox"/> None            | <input type="checkbox"/> Phlycena (blister)                      |
| <input type="checkbox"/> Chapping        | <input type="checkbox"/> Excoriation                             |
| <input type="checkbox"/> Ulcers          | <input type="checkbox"/> Carbuncle (larger area of inflammation) |
| <input type="checkbox"/> Scars           | <input type="checkbox"/> Escar (scabies)                         |
| <input type="checkbox"/> Nodules         | <input type="checkbox"/> Stretch marks                           |
| <input type="checkbox"/> Furuncle (boil) | <input type="checkbox"/> Other _____                             |
| <input type="checkbox"/> Cheloids        |  |

## SKIN GROWTHS

- |  |   |
|--|---|
| <input type="checkbox"/> None                          | <input type="checkbox"/> Pigmented hair           |
| <input type="checkbox"/> Nevus epidermal               | <input type="checkbox"/> Molluscum pendulum (tag) |
| <input type="checkbox"/> Melanocytic nevus (birthmark) |   |

## FITZPATRICK CLASSIFICATION

- |                        |   |
|------------------------|---|
| Type I – White         | Always burns easily, never tans                     |
| Type II – White        | Burns easily, tans slightly                         |
| Type III – White       | Sometimes burns, then tans gradually and moderately |
| Type IV – Modest Brown | Burns minimally, always tans well                   |
| Type V – Dark Brown    | Burns rarely, tans deeply                           |
| Type VI – Black        | Almost never burns, deeply pigmented                |

TREATMENT RECORD FOR \_\_\_\_\_

<p>Date _____ Esthetician _____</p> <p>Today's Treatment _____</p> <p>Cleanser _____</p> <p>Toner _____</p> <p>Exfoliation _____ Time _____</p> <p>Extraction <input type="checkbox"/> Yes <input type="checkbox"/> No _____</p> <p>Steam? <input type="checkbox"/> Yes <input type="checkbox"/> No How long _____</p> <p>High Frequency? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Galvanic <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Ampoule? <input type="checkbox"/> Yes <input type="checkbox"/> No What _____</p> <p>Masque? What _____ Time _____</p> <p>Moisturizer What _____</p> <p>Sunscreen SPF _____</p> <p><b>Other services and comments:</b></p>	<p>Date _____ Esthetician _____</p> <p>Today's Treatment _____</p> <p>Cleanser _____</p> <p>Toner _____</p> <p>Exfoliation _____ Time _____</p> <p>Extraction <input type="checkbox"/> Yes <input type="checkbox"/> No _____</p> <p>Steam? <input type="checkbox"/> Yes <input type="checkbox"/> No How long _____</p> <p>High Frequency? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Galvanic <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Ampoule? <input type="checkbox"/> Yes <input type="checkbox"/> No What _____</p> <p>Masque? What _____ Time _____</p> <p>Moisturizer What _____</p> <p>Sunscreen SPF _____</p> <p><b>Other services and comments:</b></p>
--	--

<p>Date _____ Esthetician _____</p> <p>Today's Treatment _____</p> <p>Cleanser _____</p> <p>Toner _____</p> <p>Exfoliation _____ Time _____</p> <p>Extraction <input type="checkbox"/> Yes <input type="checkbox"/> No _____</p> <p>Steam? <input type="checkbox"/> Yes <input type="checkbox"/> No How long _____</p> <p>High Frequency? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Galvanic <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Ampoule? <input type="checkbox"/> Yes <input type="checkbox"/> No What _____</p> <p>Masque? What _____ Time _____</p> <p>Moisturizer What _____</p> <p>Sunscreen SPF _____</p> <p><b>Other services and comments:</b></p>	<p>Date _____ Esthetician _____</p> <p>Today's Treatment _____</p> <p>Cleanser _____</p> <p>Toner _____</p> <p>Exfoliation _____ Time _____</p> <p>Extraction <input type="checkbox"/> Yes <input type="checkbox"/> No _____</p> <p>Steam? <input type="checkbox"/> Yes <input type="checkbox"/> No How long _____</p> <p>High Frequency? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Galvanic <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Ampoule? <input type="checkbox"/> Yes <input type="checkbox"/> No What _____</p> <p>Masque? What _____ Time _____</p> <p>Moisturizer What _____</p> <p>Sunscreen SPF _____</p> <p><b>Other services and comments</b></p>
--	---



## INFORMED CONSENT FOR CHEMICAL PEEL

Initial on line

I, \_\_\_\_\_, give permission to my skin care professional,  
\_\_\_\_\_, to perform the Circadia chemical peel treatment:

☐ Lactic      ☐ Alpha/Beta      ☐ Jessner's      ☐ DermaFrost Salicylic      ☐ MandeliClear

- \_\_\_\_\_
1. I agree to complete a Confidential Skin Health Questionnaire. I agree to complete and be truthful about my physical conditions, pregnancy, medications that I may be taking, and my current skin care regimen. I am also aware that my lifestyle, which if it includes smoking, outdoor exposure, tanning beds, excessive alcohol consumption and/or recreational use of controlled substances, will effect and diminish the effectiveness and result of the treatment.
- \_\_\_\_\_
2. I have disclosed to my skin care professional/esthetician any surgical procedures, laser treatments or facial procedures that I have had or intend on having in the future.
- \_\_\_\_\_
3. I am not presently pregnant or lactating
- \_\_\_\_\_
4. I have not had any recent chemotherapy or radiation treatments
- \_\_\_\_\_
5. I have not recently waxed or used a depilatory (such as Nair) on the area being treated today. I do not have a history of keloid scarring, diabetes, any autoimmune disease, active herpes blisters or cold sores.
- \_\_\_\_\_
6. I have not had any other peel treatment of any kind within 14 days of treatment. I understand I cannot have another treatment within 14 days of this treatment, whether the treatment is performed at this location or any other location.
- \_\_\_\_\_
7. I agree to refrain from excessive sun exposure or the use of a tanning bed while I am undergoing treatment and during the 14 days following the end of the treatment.
- \_\_\_\_\_
8. I understand that sun exposure is prohibited while I am undergoing treatment and that the use of Circadia Light Day Broad Spectrum Sunscreen SPF 37 is mandatory.
- \_\_\_\_\_
9. I understand the purpose of this peeling procedure is to exfoliate the outer surface of my skin. Some of the benefits include lessening of pigmentation, reduction in appearance of fine lines and wrinkles, and control of certain conditions such as acne or occasional breakout.



\_\_\_\_\_ 10. I understand that the following conditions preclude me from having this treatment at this time and verify that none of these conditions apply to me at this time.

- \_\_\_\_\_ Allergic to aspirin or any salicylic sensitivity (DermaFrost contains salicylic acid).
- \_\_\_\_\_ Broken skin on areas to be treated
- \_\_\_\_\_ Sunburn or windburn skin
- \_\_\_\_\_ Visible inflammatory or inflammatory lesions
- \_\_\_\_\_ Recent peels within eight weeks
- \_\_\_\_\_ Herpes virus (cold sores) on mouth
- \_\_\_\_\_ Use of Accutane® within the past 12 months
- \_\_\_\_\_ Use of glycolic acid products
- \_\_\_\_\_ Use of Retin-A®, Renova®, retinoids (Vitamin A) in the last 4 weeks

\_\_\_\_\_ 11. My expectations are realistic and I understand that the results are not guaranteed and that for maximum results, more than one application may be necessary. The rate of improvement depends on my skin type, condition, my age, degree of sun damage, or pigmentation levels.

\_\_\_\_\_ 12. I understand the cost of treatment and the fee structure has been explained to me.

\_\_\_\_\_ 13. I understand that although complications are very rare, sometimes they may occur and that prompt treatment is necessary. In the event of any complication, I will immediately contact the skin care professional who performed the treatment.

\_\_\_\_\_ 14. I understand of the possibility of peeling, flaking, hyperpigmentation and excessive dryness. I agree to use the products specifically recommended by my skin care professional/esthetician and including a sunscreen.

\_\_\_\_\_ 15. I understand that every precaution will be taken to minimize or eliminate negative reactions such as blisters, redness, or irritation.

\_\_\_\_\_ 16. I understand that my practitioner will recommend home care products to work in tandem with the in-clinic treatment. I am willing to follow recommendations by my skin care professional for home care.

\_\_\_\_\_ 17. I consent to the taking of photographs to monitor treatment effect and results if desired by my therapist.

### **INFORMED CONSENT**

In the event of any questions or concerns, I will consult my skin care professional immediately. I understand the potential risks and complications and I have chosen to proceed with the treatment after careful consideration of both known and unknown risks, complications, and limitations. I will hold the skin care professional and staff harmless from any liability that may result from this treatment.

I agree that this constitutes full disclosure, and that it supersedes any previous verbal or written disclosures. I certify that I have read, and fully understand the above paragraphs and that I have had sufficient opportunity for discussion to have any questions answered.

Client Signature \_\_\_\_\_ Date \_\_\_\_\_  
Skin Care Professional \_\_\_\_\_ Date \_\_\_\_\_



## INFORMED CONSENT FOR SWiCH DERMAL REJUVENATION SYSTEM

Initial on line

1. I, \_\_\_\_\_, understand that the SWiCH™ Dermal Rejuvenation treatment is intended to improve the condition and appearance of my skin. I understand that the product has been thoroughly studied, clinical trials have been performed on a variety of skin types, and that clinical results may vary according to my own skin type and conditions.
2. I agree to complete a Confidential Skin Health Questionnaire. I agree to complete and be truthful about my physical conditions, pregnancy, medications that I may be taking, and my current skin care regimen. I am also aware that my lifestyle, which if it includes smoking, outdoor exposure, tanning beds, excessive alcohol consumption and/or recreational use of controlled substances, will effect and diminish the effectiveness and result of the SWiCH Dermal Rejuvenation treatment.
3. I am aware that I may experience possible short-term effects of reddening, mild stinging sensations, scabbing, feeling of tightness, and acne-like eruptions in the days following the treatment.
4. I understand there is a possibility of rare side effects, as there is with any product, which has been proven safe and effective in clinical trials. Should I experience an extreme response to this treatment, I have been provided the contact information for immediate response for the remedy.
5. If I have any questions regarding the procedure, I agree to call my skin care professional to discuss any concerns.
6. I understand the cost of the treatment and the fee structure has been explained to me.
7. I understand that I will be provided products by the skin care professional following the treatment, and written instructions for the use of these products have been explained to me. The clinically demonstrated positive results of the SWiCH Dermal Rejuvenation treatment require compliance with the application of these products.

8. I understand that the following conditions preclude me from having this treatment at this time and verify that none of these conditions apply to me at this time.

Initial:

- \_\_\_\_\_ Allergic to aspirin or any salicylic sensitivity
- \_\_\_\_\_ Allergic to citric fruits (oranges, grapefruit, lemons)
- \_\_\_\_\_ History of being "highly allergic" to anything
- \_\_\_\_\_ Pregnant or lactating
- \_\_\_\_\_ Currently use of antibiotics (topical or systemic)
- \_\_\_\_\_ Use of Accutane® within the past 12-months
- \_\_\_\_\_ Laser resurfacing surgery within the last 12-weeks
- \_\_\_\_\_ Using glycolic acid products
- \_\_\_\_\_ Use of Retin-A®, Renova®, retinoids (Vitamin A) in the last 4-weeks
- \_\_\_\_\_ Broken Skin on areas to be treated
- \_\_\_\_\_ Visible inflammation or inflammatory lesions
- \_\_\_\_\_ Recent peels within eight weeks
- \_\_\_\_\_ Herpes virus (cold sores) on mouth
- \_\_\_\_\_ Laser Hair Removal within 6 weeks
- \_\_\_\_\_ Currently undergoing chemotherapy or radiation treatments

### **INFORMED CONSENT**

In the event of any questions or concerns, I will consult my skin care professional immediately. I understand the potential risks and complications and I have chosen to proceed with the treatment after careful consideration of both known and unknown risks, complications, and limitations. I will hold the skin care professional and staff harmless from any liability that may result from this treatment.

I agree that this constitutes full disclosure, and that it supersedes any previous verbal or written disclosures. I certify that I have read, and fully understand the above paragraphs and that I have had sufficient opportunity for discussion to have any questions answered.

Client Signature \_\_\_\_\_ Date \_\_\_\_\_

Skin Care Professional \_\_\_\_\_ Date \_\_\_\_\_



## INFORMED CONSENT FOR OXYGEN RX AND ENZYMES TREATMENT

Initial on line

I, \_\_\_\_\_, give permission to my skin care professional,  
\_\_\_\_\_, to perform the Circadia treatment:

☐ Oxygen Rx Treatment      ☐ Cocoa Enzyme      ☐ Raspberry Enzyme      ☐ Zymase Enzyme

1. I agree to complete a Confidential Skin Health Questionnaire. I agree to complete and be truthful about my physical conditions, pregnancy, medications that I may be taking, and my current skin care regimen. I am also aware that my lifestyle, which if it includes smoking, outdoor exposure, tanning beds, excessive alcohol consumption and/or recreational use of controlled substances, will effect and diminish the effectiveness and result of the treatment.
2. I have disclosed to my skin care professional any surgical procedures, laser treatments, or facial procedures that I have had or intend on having in the future.
3. I am not presently pregnant or lactating
4. I have not had any recent chemotherapy or radiation treatments
5. I have not recently waxed or used a depilatory (such as Nair) on the area being treated today. I do not have a history of keloid scarring, diabetes, any autoimmune disease, active herpes blisters or cold sores.
6. I understand that I should not have a treatment if I intend to be in the sun or use a tanning bed and will refrain from excessive sun exposure and the use of a tanning bed while I am undergoing treatment.
7. I have disclosed to my skin care professional any treatments of any kind that I have received within 14 days of this treatment whether the treatment was performed at this location or any other location.
8. I understand that although complications are very rare, sometimes they may occur and that prompt treatment is necessary. In the event of any complication, I will immediately contact the skin care professional who performed the treatment.



\_\_\_\_\_ 9. I understand that the following conditions preclude me from having this treatment at this time and verify that none of these conditions apply to me at this time.

- \_\_\_\_\_ Allergic to citric fruits (oranges, limes, grapefruit, lemons)
- \_\_\_\_\_ Allergic to cocoa, chocolate, and/or raspberry
- \_\_\_\_\_ Allergic to pineapple and/or papaya
- \_\_\_\_\_ History of being "highly allergic" to anything
- \_\_\_\_\_ Pregnant or lactating
- \_\_\_\_\_ Current use of antibiotics (topical or systemic)
- \_\_\_\_\_ Use of Accutane® within the past 12-months
- \_\_\_\_\_ Laser resurfacing surgery within the last 12-weeks
- \_\_\_\_\_ Using glycolic acid products
- \_\_\_\_\_ Use of Retin-A®, Renova®, retinoids (Vitamin A) in the last 4-weeks
- \_\_\_\_\_ Broken Skin on areas to be treated
- \_\_\_\_\_ Visible inflammation or inflammatory lesions
- \_\_\_\_\_ Recent peels within four weeks
- \_\_\_\_\_ Herpes virus (cold sores) on mouth
- \_\_\_\_\_ Laser Hair Removal within 6 weeks
- \_\_\_\_\_ Currently undergoing chemotherapy or radiation treatments

\_\_\_\_\_ 10. I understand the cost of the treatment and the fee structure has been explained to me.

\_\_\_\_\_ 11. My expectations are realistic and I understand that the results are not guaranteed and that for maximum results, more than one application may be necessary. The rate of improvement depends on my skin type, condition, my age, degree of sun damage, or pigmentation levels.

\_\_\_\_\_ 12. I understand that my practitioner will recommend home care products to work in tandem with the in-clinic treatment. I am willing to follow recommendations by my skin care professional for home care, including a sunscreen.

\_\_\_\_\_ 13. I consent to the taking of photographs to monitor treatment effect and results if desired by my skin care professional.

### **INFORMED CONSENT**

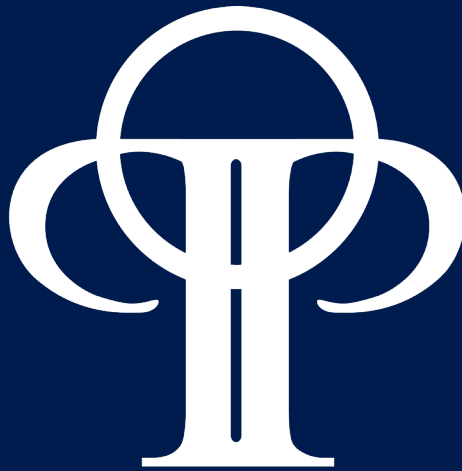
In the event of any questions or concerns, I will consult my skin care professional immediately. I understand the potential risks and complications and I have chosen to proceed with the treatment after careful consideration of both known and unknown risks, complications, and limitations. I will hold the skin care professional and staff harmless from any liability that may result from this treatment.

I agree that this constitutes full disclosure, and that it supersedes any previous verbal or written disclosures. I certify that I have read, and fully understand the above paragraphs and that I have had sufficient opportunity for discussion to have any questions answered.

Client Signature \_\_\_\_\_ Date \_\_\_\_\_

Skin Care Professional \_\_\_\_\_ Date \_\_\_\_\_





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