



STEP 1-PRE-CLEANSE (optional)

Apply ½ pump CIRCADIA **Vitamin Veil Cleanser**. Cleanse in circular motions and remove thoroughly.

STEP 2-CLEANSE

Apply 1 pump **cleanser** to face and cleanse in circular motions. Remove thoroughly. Pat skin dry.

Cleanser (choose one)	Skin Type
CIRCADIA Amandola Milk Cleanser + VIVIER Vitamin C Scrub	Normal, Hyperpigmentation, PIH, Dry (mechanical exfoliation)
CIRCADIA Lipid Replacing Cleanser	All skin types, Sensitive, Hyperpigmentation

STEP 3- EXFOLIATE & STEAM

Mix ½ tsp. of CIRCADIA **Raspberry Enzyme powder** and 1 ½ tsp. CIRCADIA **Raspberry Enzyme Activator** into a portion cup. Apply with a fan brush to face & neck. Apply damp 4X4 compress over entire face followed by either steam or hot towel for 5-10 min. Then, thoroughly remove all product with warm towel or 4X4 gauze. Pat skin dry.

STEP 4-EXTRACTION (optional)

After extraction process, apply CIRCADIA **Spot Stop** to areas of redness.

***\$50 OPTIONAL UPGRADE (FOLLOW VIVIER/CIRCADIA PEEL PROTOCOL)**

Peel (choose one)	Skin Type
Vivier Peel	Hyperpigmentation, Aging
Circadia Lactic Peel	Sensitive, Aging, Hyperpigmentation

STEP 5-INFUSE

Spray CIRCADIA **Licorice & Bearberry Brightening Mist** to face with hands. Apply 2-3 drops VIVIER **Radiance Serum**.

STEP 6-Nourish & Facial Massage

Apply CIRCADIA **Aquaporin Hydrating Cream** + CIRCADIA **Hydralox** and massage for 5-10 mins. Remove excess products with warm towel.



STEP 7 - Mask

Dispense 1 tsp. of CIRCADIA **Berry Mask** into portion cup. Apply evenly to face & neck with fan brush. Remove mask with warm towel and 4X4 gauze. Pat skin dry.

****Perform Hand & Arm Massage using massage crème/oil during mask**

STEP 9-CUSTOMIZED INFUSION

Spray CIRCADIA **Licorice & Bearberry Brightening Mist** to face with hands. Apply 1 pump **brightener**

Brightener (choose one)	Skin Type
CIRCADIA White Veil Brightener	Normal, Hyperpigmentation
VIVIER Advanced Skin Lightening Serum	All Skin Types (Hydroquinone Option), includes Vitamin C

STEP 10- Eye Care

Gently stipple ½ pump of **eye product** to eye area

Eye Product (choose one)	Skin Type
CIRCADIA Emergency Eye Lift	All, Immediate tightening, firming
VIVIER Radiant Eye Contour Cream	All Skin Types

STEP 11-Hydrate & Protect

Moisturizer (choose one)	Skin Type
CIRCADIA Post Peel Balm + Light Day Moisturizer SPF 37	Normal to dry, Sensitized
VIVIER HYDRAgel Advanced B5+ Complex + Sheer SPF 30	Normal to oily

Apply equal parts **Post Peel Balm & Light Day Sunscreen Broad Spectrum SPF-37** to face & neck if you select Circadia products