



LifeSpa Clarifying Facial

60min

STEP 1-PRE-CLEANSE (optional)

Apply ½ pump VIVIER **HEXAM Cleanser**. Cleanse in circular motions and remove thoroughly.

STEP 2-CLEANSE

Apply 1 pump below **Cleanser** to face and cleanse in circular motions. Remove thoroughly. Pat skin dry.

Cleanser (choose one)	Skin Type
CIRCADIA Micro Exfoliating Honey Cleanser	All Skin Types, Slightly Oily, Acne (mechanical exfoliation)
VIVIER Medicated Wash	2% salicylic for oily, acne-prone skin

STEP 3- EXFOLIATE & STEAM

Mix ½ tsp. CIRCADIA **Cocoa Enzyme powder** and 1 ½ tsp. CIRCADIA **Cocoa Enzyme Activator** into a portion cup. Apply with a fan brush to face & neck. Apply damp 4X4 compress over entire face followed by either steam or hot towel for 5-10 min. Thoroughly remove all product with warm towel or 4X4 gauze. Pat skin dry.

*\$50 OPTIONAL UPGRADE (FOLLOW VIVIER PEEL PROTOCOL)

Peel	Skin Type
VIVIER Peel	Hyperpigmentation, Aging, Acne

STEP 4- EXTRACTIONS (optional)

Apply 1 pump of VIVIER **Exfoliant Forte** to face for an additional extraction boost. Steam for 2 minutes, remove with 4x4s and perform extractions. After extractions, apply **Spot Stop** to areas of redness.

STEP 5-INFUSE

Spray CIRCADIA **White Willow & Juniper Clearing Mist** to face with hands followed by light tapotement.

STEP 6-Mask

Dispense 1 tsp. of **Mask** into portion cup. Apply evenly to face & neck with fan brush. Leave mask on for 10 minutes. Remove mask with warm towel and 4X4 gauze. Pat skin dry.

Mask (choose one)	Skin Type
CIRCADIA Green Tea Mask	All Skin Types, Congested, Oily, Acne
CIRCADIA Cooling Gel Mask	All Skin Types, Inflamed, Reactive

**Perform Hand & Arm Massage using massage crème/oil during mask



LifeSpa Clarifying Facial

60min

STEP 7-CUSTOMIZED INFUSION

Spray CIRCADIA **White Willow & Juniper Clearing Mist** to face with hands. Apply 2-3 drops of VIVIER **Serum 10**. Apply 2 pumps of CIRCADIA **Daytime Control** to treated area.

STEP 8- Eye Care

Gently stipple ½ pump of eye product to eye area

Eye Product (choose one)	Skin Type
CIRCADIA Emergency Eye Lift	All, Immediate tightening, firming
VIVIER Radiant Eye Contour Cream	All Skin Types

STEP 9-Protect

Apply sunscreen to face & neck

Sunscreen (choose one)	Skin Type
CIRCADIA Light Day Sunscreen SPF 37	Chemical Defense
VIVIER Sheer SPF 30	Physical Defense